

1. Record Nr.	UNINA9910973890603321
Titolo	Child and adult care food program : aligning dietary guidance for all / / Committee to Review Child and Adult Care Program Meal Requirements, Suzanne P. Murphy ... [et. al.] [editors]
Pubbl/distr/stampa	Washington, DC, : National Academies Press, 2011
ISBN	0-309-21509-9 1-283-13494-2 9786613134943 0-309-15846-X
Edizione	[First edition.]
Descrizione fisica	1 online resource (310 pages)
Altri autori (Persone)	MurphySuzanne P (Suzanne Pierce)
Disciplina	363.82
Soggetti	Children - Nutrition Dietaries
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	<p>""Front Matter""; ""Reviewers""; ""Preface""; ""Contents""; ""Summary""; ""1 Introduction""; ""2 The Child and Adult Care Food Program""; ""3 Methods for Examining Food and Nutrient Intakes""; ""4 Nutritional Considerations for Infants and Children""; ""5 Nutritional Considerations for Adults""; ""6 Process for Developing Recommendations for Meal Requirements""; ""7 Recommendations for Meal Requirements""; ""8 Meal Cost Implications""; ""9 Implementation""; ""10 Consistency of Recommendations for Meal Requirements and Implementation Strategies with the Committee's Criteria""</p> <p>""11 Evaluation and Research Recommendations""""Appendix A: Acronyms, Abbreviations, and Glossary""; ""Appendix B: Biographical Sketches of Committee Members""; ""Appendix C: Workshop Agenda: February 2010""; ""Appendix D: Critical Issues for Consideration by the Committee to Review Child and Adult Care Food Program Meal Requirements, as Submitted by the U.S. Department of Agriculture""; ""Appendix E: Current CACFP Meal Patterns""; ""Appendix F: Selected Food Program Descriptions and Websites""; ""Appendix G: Data Sources</p>

and Analytical Methods""

""Appendix H: MyPyramid Food Groups and Subgroups""""Appendix I: Food Cost Approach and Methods""; ""Appendix J: Nutrient Targets by Meal and Age Group and Comparison of My Pyramid Food Group and Nutrient Targets with Recommended Meal Patterns""; ""Appendix K: Sample Menus""; ""Appendix L: Options for Breastfeeding Incentives""; ""Appendix M: Potential Partnerships to Assist with Technical Training for CACFP""; ""Index""

---

## Sommario/riassunto

The Child and Adult Care Food Program (CACFP) is a federally-funded program designed to provide healthy meals and snacks to children and adults while receiving day care at participating family day care homes, traditional child care centers, afterschool facilities, adult care facilities, and emergency shelters. CACFP has the broadest scope of any of the U. S. Department of Agriculture (USDA) food program, serving more than 3 million children and 114,000 adults across the nation. To receive reimbursement for the foods served, participating programs must abide by requirements set by the USDA. Child and Adult Care Food Program assesses the nutritional needs of the CACFP population based on Dietary Guidelines for Americans and the Dietary Reference Intakes (DRIs) and makes recommendations for revisions to the CACFP meal requirements. The book outlines meal requirements that include food specifications that could be used for specific meals and across a full day, covering all age groups from infants to older adults and meal patterns designed for use in a variety of settings, including in-home care and in large centers. By implementing these meal requirements, consumption of fruits, vegetables, and whole-grain rich foods will increase while consumption of solid fats, added sugars, and sodium will decrease. Not only will this address the high prevalence of childhood obesity, it will also help to achieve consistency with the standards and regulations of other USDA nutrition assistance programs, particularly the Supplemental Nutrition Program for Women, Infants, and Children (WIC), and the National School Lunch and School Breakfast programs. Child and Adult Care Food Program makes practical recommendations that would bring CACFP meals and snacks into alignment with current dietary guidance. This book will serve as a vital resource for federal and state public health officials, care providers working in child and adult day care facilities, WIC agencies, officials working with the National School Lunch and School Breakfast programs, and other organizations serving at-risk populations.

---