

1. Record Nr.	UNINA9910836796003321
Autore	Robson Eleanor
Titolo	Ancient Knowledge Networks : A Social Geography of Cuneiform Scholarship in First-Millennium Assyria and Babylonia
Pubbl/distr/stampa	London, : UCL Press, 2019 London : , : UCL Press, , [2019] ©2019
ISBN	1-78735-597-7 1-78735-595-0
Descrizione fisica	1 electronic resource (338 p.)
Disciplina	935.030924
Soggetti	Middle East Ancient history: to c 500 CE Middle & Near Eastern archaeology Assyria Intellectual life
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	Ancient Knowledge Networks is a book about how knowledge travels, in minds and bodies as well as in writings. It explores the forms knowledge takes and the meanings it accrues, and how these meanings are shaped by the peoples who use it. Addressing the relationships between political power, family ties, religious commitments and literate scholarship in the ancient Middle East of the first millennium BC, Eleanor Robson focuses on two regions where cuneiform script was the predominant writing medium: Assyria in the north of modern-day Syria and Iraq, and Babylonia to the south of modern-day Baghdad. She investigates how networks of knowledge enabled cuneiform intellectual culture to endure and adapt over the course of five world empires until its eventual demise in the mid-first century BC. In doing so, she also studies Assyriological and historical method, both now and over the past two centuries, asking how the field has shaped and been shaped by the academic concerns and fashions of the day. Above all, Ancient Knowledge Networks is an experiment in

writing about 'Mesopotamian science', as it has often been known, using geographical and social approaches to bring new insights into the intellectual history of the world's first empires.

2. Record Nr.

Autore

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Note generali

Nota di contenuto

Sommario/riassunto

UNINA9910973389803321

Kottler Jeffrey A

The therapist's workbook : self-assessment, self-care, and self-improvement exercises for mental health professionals / / Jeffrey A. Kottler

Hoboken, N.J., : John Wiley & Sons, 2012

9786613281159

9781118118016

1118118014

9781283281157

1283281155

9781118117996

1118117999

[2nd ed.]

1 online resource (217 p.)

616.89/14/023

616.8914023

Psychotherapists - Job stress

Psychotherapists - Mental health

Burn out (Psychology) - Prevention

Inglese

Materiale a stampa

Monografia

Description based upon print version of record.

pt. 1. Confronting the issues -- pt. 2. Taking care of yourself -- pt. 3. Practicing what you preach.

Mental health professionals spend their days helping others, but who is there to help them when stress and burnout threaten their own well-being? Filled with self-assessments, journaling exercises, and activities designed to facilitate renewal, growth, and change, this timely book helps clinicians help themselves with coverage of career threatening

issues, such as fear of failure, loss of confidence, and the financial stress and loss of autonomy that many clinician's experience as a result of managed care and its constraints.

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