

1. Record Nr.	UNINA9910836796003321
Autore	Robson Eleanor
Titolo	Ancient Knowledge Networks : A Social Geography of Cuneiform Scholarship in First-Millennium Assyria and Babylonia
Pubbl/distr/stampa	London, : UCL Press, 2019 London : , : UCL Press, , [2019] ©2019
ISBN	1-78735-597-7 1-78735-595-0
Descrizione fisica	1 electronic resource (338 p.)
Disciplina	935.030924
Soggetti	Middle East Ancient history: to c 500 CE Middle & Near Eastern archaeology Assyria Intellectual life
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	<p>Ancient Knowledge Networks is a book about how knowledge travels, in minds and bodies as well as in writings. It explores the forms knowledge takes and the meanings it accrues, and how these meanings are shaped by the peoples who use it.</p> <p>Addressing the relationships between political power, family ties, religious commitments and literate scholarship in the ancient Middle East of the first millennium BC, Eleanor Robson focuses on two regions where cuneiform script was the predominant writing medium: Assyria in the north of modern-day Syria and Iraq, and Babylonia to the south of modern-day Baghdad. She investigates how networks of knowledge enabled cuneiform intellectual culture to endure and adapt over the course of five world empires until its eventual demise in the mid-first century BC. In doing so, she also studies Assyriological and historical method, both now and over the past two centuries, asking how the field has shaped and been shaped by the academic concerns and fashions of the day. Above all, Ancient Knowledge Networks is an experiment in</p>

writing about 'Mesopotamian science', as it has often been known, using geographical and social approaches to bring new insights into the intellectual history of the world's first empires.

2. Record Nr.	UNINA9910973389803321
Autore	Kottler Jeffrey A
Titolo	The therapist's workbook : self-assessment, self-care, and self-improvement exercises for mental health professionals / / Jeffrey A. Kottler
Pubbl/distr/stampa	Hoboken, N.J., : John Wiley & Sons, 2012
ISBN	9786613281159 9781118118016 1118118014 9781283281157 1283281155 9781118117996 1118117999
Edizione	[2nd ed.]
Descrizione fisica	1 online resource (217 p.)
Disciplina	616.89/14/023 616.8914023
Soggetti	Psychotherapists - Job stress Psychotherapists - Mental health Burn out (Psychology) - Prevention
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	pt. 1. Confronting the issues -- pt. 2. Taking care of yourself -- pt. 3. Practicing what you preach.
Sommario/riassunto	Mental health professionals spend their days helping others, but who is there to help them when stress and burnout threaten their own well-being? Filled with self-assessments, journaling exercises, and activities designed to facilitate renewal, growth, and change, this timely book helps clinicians help themselves with coverage of career threatening

issues, such as fear of failure, loss of confidence, and the financial stress and loss of autonomy that many clinician's experience as a result of managed care and its constraints.
