

1. Record Nr.	UNINA9910973320603321
Autore	Mander Gertrud
Titolo	Diversity, discipline, and devotion in psychoanalytic psychotherapy : clinical and training perspectives // edited on behalf of the United Kingdom Council for Psychotherapy by Gertrud Mander
Pubbl/distr/stampa	London, : Karnac, 2007
ISBN	0-429-91283-8 0-429-89860-6 0-429-47383-4 1-283-06945-8 9786613069450 1-84940-582-4
Edizione	[First edition.]
Descrizione fisica	1 online resource (264 p.)
Collana	UKCP Karnac series
Disciplina	616.891407155
Soggetti	Psychotherapists - Supervision of Psychotherapists - Training of Psychotherapist and patient
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 227-238) and index.
Nota di contenuto	COVER; ABOUT THE AUTHOR; ACKNOWLEDGEMENTS; INTRODUCTION; PART I MODELS AND METHODS; PART II CLINICAL AND OTHER MATTERS; REFERENCES; BIBLIOGRAPHY; INDEX
Sommario/riassunto	This book is a selection of papers written over 25 years of practising psychoanalytic psychotherapy, of training and supervising psychotherapists, psychodynamic counsellors and supervisors. It reflects a preoccupation with the growth and diversification of counselling and psychotherapy, with the imperatives of training, supervision and regulation, and with the significant changes in the profession due to the invention of brief, time-limited, intermittent and recurrent psychotherapy. An overall theme is the conviction that what patients and therapists share is vulnerability, and that the therapist is a 'wounded healer', whose reparative tendency informs his professional choice, his therapeutic empathy and his capacity to bear the rigours of therapeutic work. Thus an unconscious connection between the helper

and the helped is the driving force of every therapeutic relationship, for better and for worse. Its responsible management requires thorough training, ongoing supervision and a firm frame in order to contain the powerful forces operating when two strangers meet for the purpose of therapy.

---