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Autore	St. Thomas Bruce <1948->
Titolo	Empowering children through art and expression : culturally sensitive ways of healing trauma and grief / / Bruce St. Thomas and Paul Johnson
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Descrizione fisica	1 online resource (179 p.)
Altri autori (Persone)	JohnsonPaul <1959-> (Paul Gordon)
Disciplina	618.92/89165
Soggetti	Art therapy for children Creation (Literary, artistic, etc.) - Therapeutic use Grief in children - Treatment Psychic trauma in children - Treatment Post-traumatic stress disorder in children - Treatment
Lingua di pubblicazione	Inglese
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	FRONT COVER; Title Page; Contents; ACKNOWLEDGMENTS; PREFACE; Introduction; CHAPTER 1 The Importance of Myth, Reflection and Cultural Sensitivity; Chapter 2 The Center for Grieving Children; Chapter 3 Children, Our Greatest Teachers; Chapter 4 Building Trust; Chapter 5 Anger, Fear and Conflict; Chapter 6 Standing in Two Worlds: Inner and Outer Realities; Chapter 7 Realities Become More Visible; Chapter 8 Letting Go; Chapter 9 Hope; Chapter 10 The Authors' Autobiographical Exploration of the Importance of Myth in Creating Personal Reality; Chapter 11 Conclusion; SUBJECT INDEX; AUTHOR INDEX BACK COVER
Sommario/riassunto	Empowering Children through Art and Expression examines the

successful use of arts and expressive therapies with children, and in particular those whose lives have been disrupted by forced relocation with their families to a different culture or community. The book explores how children express and resolve unspoken feelings about traumatic experiences in play and other creative activities, based on their observations of peer support groups, outreach programs and through individuals' own accounts. The authors argue that such activities in a safe context can be both a means of expressing trauma
