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Autore	Ofori-Atta Angela
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Nota di contenuto	Cover; Title page; Copyright page; Contents; List of Tables; List of Figures; Foreword; List of contributing authors and affiliated institutions; Section A: Mental Healthcare in Ghana; Chapter 1 - Introduction; Chapter 2 - Overview of Mental Health Care in Ghana; Pre-Colonial Psychiatric Care & Treatment; Mental Healthcare in Colonial Times; Mental Healthcare after Independence; Community Psychiatric Nursing; Mental Health Legislation in Ghana; Conclusion; References; Chapter 3 - History of the Department of Psychiatry; Part-Time Lecturers; Teaching Programmes Chapter 4 - An Updated Situation Analysis of Mental Health Services and Legislation in Ghana: Challenges for Transformation Introduction; Methods; Results; Mental health services; Sub-Specialist Services; Rehabilitation, residential and day services; Mental health in primary health care; Training in mental health care for primary care staff; Psychotropic medication; Human rights protection; Human resources in mental health care; Training professionals in mental health; Public education and awareness campaigns on mental health; Inter-sectoral collaboration; Mental Health and Poverty Mental health legislation Discussion; Informal Community Care; Mental Health Services through Primary Health Care; Community Mental Health

and Psychiatric Services in General Hospitals; Specialist Services; Information systems; Funding; Conclusion; Acknowledgements; References; Section B: Conceptualization of Mental Illness; Chapter 5 - The Ghanaian Non-Medical Conceptualization of Mood Disorders; Presentation of depression in Ghanaians; Case 1: Mr. AT.; Case 2: Mr CC; Case 3: Ms AA; Case 4: Ms. MA; Management of depression; Commentaries on case illustrations; References

Chapter 6 - Religion and Psychotherapy Introduction; Belief Systems That Influence Therapy: Euro-America; Belief Systems That Influence Healing In Ghana; The Way Forward: Integrating The Two Systems; Case Vignette; The Way Forward - Impacting Religious Healing; The Way Forward - Training Of Mental Health Professionals; References; Chapter 7 - The state of autism in Ghana: A focus on cultural understanding and challenges in the Ghanaian setting; Introduction; Prevalence; Major theoretical perspectives and related studies

Theoretical and empirical evidence and its relevance to the Ghanaian concepts Directions for future research and conclusion; References; Chapter 8 - Substance Use Disorders in Ghana; Introduction; Types of substances commonly abused in Ghana; Assessment and essential treatment elements of substance abuse; Risk and protective factors of substance abuse; Treatment; Pharmacological management of withdrawal; Management of co-morbidities; Response of Government of Ghana to drug abuse; Way forward; References; Chapter 9 - Schizophrenia in Primary Care; Introduction; Historical background Epidemiology of schizophrenia

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#### Sommario/riassunto

This Reader is about the changing trends in mental health care and research in Ghana. The book includes a brief history of the department and Mental Health Care in Ghana through the eyes of professionals who have lived this history. There is also a revised situation analysis of mental health services and legislation from 2005. These are followed by three main sections on Conceptualization of Mental Illness (depression, religion and illness, autism, substance use disorders and schizophrenia), Mental Health Practice in a teaching hospital setting (referrals to Korle-Bu, how psychiatric illnesses

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