

1. Record Nr.	UNINA9910460825603321
Titolo	Coordenadas y cuadrículas
Pubbl/distr/stampa	[Place of publication not identified] : , : Classroom Complete Press, , [2015]
ISBN	1-77167-507-1
Descrizione fisica	1 online resource (20 p.)
Collana	Analisis de datos y probabilidad
Disciplina	516.16
Soggetti	Coordinates Electronic books.
Lingua di pubblicazione	Spagnolo
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.

2. Record Nr.	UNICASBVE0158023
Autore	Perotti, Giovanni
Titolo	Lavorazioni per deformazione plastica con elementi di studi di fabbricazione / Giovanni Perotti
Pubbl/distr/stampa	Torino, : Levrotto & Bella, \1998!
ISBN	888218031X
Descrizione fisica	190 p. ; 22 cm.
Disciplina	620.11233
Soggetti	Plasticità Industria - Produzione
Lingua di pubblicazione	Italiano
Formato	Materiale a stampa
Livello bibliografico	Monografia
3. Record Nr.	UNINA9910972711703321
Autore	Plews-Ogan Margaret <1956->
Titolo	Choosing wisdom : strategies and inspiration for growing through life-changing difficulties / / Margaret Plews-Ogan, Justine E. Owens, and Natalie May
Pubbl/distr/stampa	West Conshohocken, Pa., : Templeton Press, c2012
ISBN	9781283847476 1283847477 9781599474021 1599474026
Edizione	[1st ed.]
Descrizione fisica	1 online resource (257 p.)
Classificazione	MED034000OCC019000PSY000000
Altri autori (Persone)	MayNatalie OwensJustine E
Disciplina	615.8/51
Soggetti	Mental healing Physician and patient Self-actualization (Psychology) Wisdom
Lingua di pubblicazione	Inglese

Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. [229]-[239]) and index.
Nota di contenuto	Background -- Introduction -- Defining wisdom -- Posttraumatic growth -- The path through adversity -- Acceptance -- Stepping in -- Integration -- New narrative -- Wisdom -- What helps: Sage advice from the field -- Finding community -- Compassion and gratitude -- Quiet reflection, meditation, and mindfulness -- Doing something -- Spirituality, forgiveness, and doing the right thing -- Choosing wisdom.
Sommario/riassunto	We all know the saying, "That which does not kill us, makes us stronger," but is that really true? After all, for some people, traumatic experiences ultimately lead to truly debilitating outcomes. For others though, adversity really does seem to lead to "post-traumatic growth" where individuals move through suffering and find their lives changed in positive ways as a result. Why does this growth happen for some people and not others? How exactly does it happen? Can the positive results be purposefully replicated? These are the central questions of a new study conducted b