

1. Record Nr.	UNINA9910254806603321
Autore	Sammut Scerri Clarissa
Titolo	Intervening After Violence : Therapy for Couples and Families / / by Clarissa Sammut Scerri, Arlene Vetere, Angela Abela, Jan Cooper
Pubbl/distr/stampa	Cham : , : Springer International Publishing : , : Imprint : Springer, , 2017
ISBN	3-319-57789-1
Edizione	[1st ed. 2017.]
Descrizione fisica	1 online resource (X, 179 p. 1 illus. in color.)
Collana	Focused Issues in Family Therapy, , 2520-1190
Disciplina	362.82924
Soggetti	Clinical psychology Social service Psychotherapy Clinical Psychology Social Work
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Sommario/riassunto	This practical text offers professional guidance on stopping domestic violence in couples and families and promoting healing and safety in its aftermath. Rich in theoretical diversity (attachment, trauma, feminist, narrative) and inclusive of family structures and forms of violence, the coverage takes an approach to understanding both complex circumstances and intervening with families. The tasks of healing, from reestablishing trust to fostering positive coping, are clearly linked to effects of abuse such as unresolved loss, blunted trauma responses, poor emotion regulation, and damaged relational esteem. And because sustained safety is crucial to well-being, the authors extend their concepts of safety to include professionals' own experience, security, and self-care. Among the topics covered: · Living with violence in the family: retrospective recall of women's childhood experiences. · How to help stop the violence: using a safety methodology across the life span. · Helping couples separate safely: working towards safe separations. · Healing and repair in relationships: working

therapeutically with couples. · Working systemically with parents, children, and adult survivors when the abuse stops. · Supervision and consultation with practitioners who intervene with families and trauma. Intervening After Violence: Therapy for Couples and Families is an essential resource for social workers and mental health professionals engaged in clinical practice seeking strategies for working therapeutically and systematically with couples and families coping with physical and emotional violence.

2. Record Nr.	UNINA9910972683803321
Autore	Howells Kerry
Titolo	Gratitude in Education : A Radical View / / by Kerry Howells
Pubbl/distr/stampa	Rotterdam : , : SensePublishers : , : Imprint : SensePublishers, , 2012
ISBN	9789460918148 946091814X
Edizione	[1st ed. 2012.]
Descrizione fisica	1 online resource (173 p.)
Disciplina	370
Soggetti	Education
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Preliminary Material -- Introduction -- A Landscape of Gratitude -- Can't we Call it Something Else? -- Gratitude as a Practice -- Little Practice, Big Effects -- The Charisma of Gratitude -- In Toxic Waters... -- Through the Doors of Adversity -- Teaching Gratitude -- Towards Communities of Gratitude -- Notes -- References.
Sommario/riassunto	Teachers at all levels of education will find this book practical and inspiring as they read how other educators have engaged with challenges that reveal different dimensions of gratitude, and how some have discovered its relevance in gaining greater resilience, improved relationships and increased student engagement. In the first comprehensive text ever written that is solely dedicated to the specific relevance of gratitude to the teaching and learning process, Dr Howells pioneers an approach that accounts for both dilemmas and possibilities of gratitude in the midst of teachers' busy and stressful lives. She takes

a contemporary and philosophical view of the notion of gratitude and goes beyond its conceptualisation simply from a religious or positive psychology framework. Exploring real situations with teachers, school leaders, students, parents, academics and pre-service teachers - Gratitude In Education: A Radical View examines many of the complexities encountered when gratitude is applied in a variety of secular educational environments.
