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**Sommario/riassunto**

Get a fresh perspective on how older women adapt to life without a spouse!<br><br>Widows and Divorcees in Later Life: On Their Own Again examines new perspectives on the problems older women face adjusting to life without a spouse. The book examines the transition from the togetherness of marriage to the solitude of being suddenly single, exploring how older widows and divorcees adapt. A multidisciplinary panel of practitioners, researchers, and academics addresses the challenges facing elderly women after a divorce or the death of a spouse, including issues of physical and psychological well