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Sommario/riassunto	Since its inaugural issue in April, 2000, the journal Consciousness, Literature and the Arts has regularly published essays on the intersection of theatre and consciousness. Often these essays have seen theatre as a spiritual practice that for both the performer and her audience can bring about experiences that help heal the world, a shift in consciousness. This practice, though spiritual, is not ethereal but is rooted in doing, in actions, in breathing. That is, theatre is seen as an art f...