

1. Record Nr.	UNINA9910971617803321
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Titolo	Counseling kids : "a view from the front lines with the goal of stimulating valid functional orientation for counselors in the schools" / Donald L. Peters
Pubbl/distr/stampa	New York : , : Routledge, , 2013
ISBN	1-138-41528-6 1-315-78169-7 1-317-70627-7 1-317-70628-5
Edizione	[1st ed.]
Descrizione fisica	1 online resource (362 p.)
Disciplina	373.14/0973 373.140973
Soggetti	Educational counseling - United States Counseling in secondary education - United States
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	First published by Accelerated Development, 1991.
Nota di contenuto	Cover; Title Page; Copyright Page; DEDICATION; PREFACE; Table of Contents; INTRODUCTION; CHAPTER ONE HELP; CHAPTER TWO THEORY MAKES PERFECT; Hierarchy of Needs; Homeostasis; Frustration-Aggression Cycle; Self; Conflict; Unconscious Influences on Behavior and Perception; CHAPTER THREE ECLECTIC ALL THE WAY; Working It Out; To Start With; Defining the Situation; No 90-Day Guarantees; Changes; What Do They Need?; CHAPTER FOUR FIGURING IT OUT-TOGETHER; Face Facts; Honest !; Respect?; On Short-term Relationships; Promises, Promises; The Uncooperative; CHAPTER FIVE IN THE LIMITED TIME AVAILABLE The Monstrous InfantsMinimize Threat; Provide Confidentiality; Listen; Maximize Freedom; Note the Consequences; CHAPTER SIX BEYOND OMBUDSMEN; Empathize; Accept; Relate; Teach Concepts; Define Rational Reality; CHAPTER SEVEN RESPONSIBILITY, ONE STEP AT A TIME; Explore and Discover Purpose; Help to Establish Goals; Emphasize the Positive; Help Them to Develop Plans; Enable Action; Imperatives in Effective Counseling; CHAPTER EIGHT REALITY IN OUR FUN-ORIENTED

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 Accountability Systems; Issues and Current Concerns; Relationships;
 Load
 ""Generalist"" or ""Specialist?""

Sommario/riassunto

First published in 1991. Routledge is an imprint of Taylor & Francis, an
 informa company.
