

1. Record Nr.	UNINA9910971404203321
Autore	Bradley Tamdin Sithar
Titolo	Principles of Tibetan medicine : what it is, how it works, and what it can do for you / / Tamdin Sithar Bradley
Pubbl/distr/stampa	London ; ; Philadelphia, : Singing Dragon, 2013
ISBN	9781283960052 1283960052 9780857011145 0857011146
Edizione	[Rev. ed.]
Descrizione fisica	1 online resource (226 p.)
Collana	Principles of...
Disciplina	610.951/5
Soggetti	Medicine, Tibetan
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Revision of author's: Thorsons principles of Tibetan medicine, 2000.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	History of Tibetan medicine -- Gso-ba rig-pa : the science of healing -- The theory of Tibetan medicine -- Causative factors of illness -- Human anatomy and physiology -- Common diseases and illnesses -- Methods of diagnosis -- Treatment techniques : Part I -- Treatment techniques : Part II -- Case histories -- The practising physician. final thoughts.
Sommario/riassunto	This introductory guide presents all the essential information on Tibetan medicine, an ancient medical system which has been practised for over 2,500 years. It covers the theory, practice and historical background of the system, as well as including explanations of methods of diagnosis and treatments such as golden needle therapy and cupping.