

1. Record Nr.	UNINA9910971368803321
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Titolo	Weakness of the will // Justin Gosling
Pubbl/distr/stampa	London ; ; New York, : Routledge, 1990
ISBN	1-134-96680-6 1-134-96681-4 0-585-44918-X 1-280-06948-1 0-203-40523-4
Edizione	[1st ed.]
Descrizione fisica	1 online resource (232 p.)
Collana	The Problems of philosophy
Disciplina	128/.3
Soggetti	Will - History Ethics - History Self-control - Moral and ethical aspects - History Will Ethics Self-control - Moral and ethical aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 209-212) and indexes.
Nota di contenuto	Book Cover; Title; Contents; Explanations and Acknowledgments; Introduction; The Protagoras; The Plausibility of Socrates; Aristotle; How Socratic is Aristotle?; The Stoics; Aquinas and Others; The Post-Medievales; What is the Problem?; Akrasia and Irrationality; Passionate Akrasia; Moral Weakness; Willing, Trying and Wanting; Varieties of Weakness; Epilogue; Bibliography; Index
Sommario/riassunto	Why do people sometimes deliberately take the worst course of action? This book examines the theories of weak will put forward by Plato, Aristotle and the Stoics. It also argues for a new approach to the problem of irrationality.