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PROMOTION; THE CLASSIFICATION SYSTEM IN PRACTICE; REFERENCES; LESSONS FROM HEALTH RESEARCH; 3 Prevention of Physical Illness; CARDIOVASCULAR DISEASE; SMOKING; INJURIES; FINDINGS AND LEADS; REFERENCES; 4 The Core Sciences: Contributions and Frontiers; NEUROSCIENCE; GENETICS; EPIDEMIOLOGY; DEVELOPMENTAL PSYCHOPATHOLOGY; FINDINGS AND LEADS; REFERENCES; 5 Description of Five Illustrative Mental Disorders; DATA SOURCES, CONCEPTS, AND METHODOLOGIES USED IN THE DISORDER DESCRIPTIONS; Epidemiologic Catchment Area Study
 Conceptualization of OnsetMethods for Analyzing Onset; ILLUSTRATIVE DISORDERS; Conduct Disorder; Depressive Disorders; Alcohol Abuse and Dependence; Schizophrenia; Alzheimer's Disease; GAPS IN OUR KNOWLEDGE; Age-Specific Prevalence in Children; Child Psychiatric Nosology; Empirical Search for Prodromes; Co-morbidity; Transition to Adulthood; FINDINGS AND LEADS; REFERENCES; 6 Risk and Protective Factors for the Onset of Mental Disorders; ALZHEIMER'S DISEASE; Biological Risk Factors; Genetic Vulnerability; History of Head Trauma; Medical Risk Factors, Including Thyroid Disorders
 Maternal Age at Time of BirthPsychosocial Risk and Protective Factors; Educational Level; Smoking; Environmental Triggers; Future Directions in Identification of Risk and Protective Factors; Family Burden; Findings and Leads; SCHIZOPHRENIA; Biological Risk Factors; Genetic Vulnerability; Pregnancy and Birth Complications, Winter Births, and Viral Exposure; Biological Markers; Psychosocial Risk Factors; Low Socioeconomic Status; Disturbed Family Environment and Family Communicative Problems; Serious Behavioral and Emotional Problems in Childhood; Social Dysfunction; Substance Abuse
 Caregiver BurdenFindings and Leads; ALCOHOL ABUSE AND DEPENDENCE; Biological Risk Factors; Genetic Vulnerability; Biological Markers; Psychosocial Risk Factors; Personality; Contextual Factors; Psychosocial Aspects of Parental Alcoholism; Protective Factors; Positive Group Norms; Strong Attachments; Genetic Factors Modifying Expression of the Disorder; Findings and Leads; DEPRESSIVE DISORDERS; Biological Risk Factors; Genetic Vulnerability; Disease and Medication; Brain Injury; Psychosocial Risk Factors; Severe and Traumatic Life Events; Accumulation of Stresses at a Time of Transition
 Sociodemographic Factors

Sommario/riassunto

The understanding of how to reduce risk factors for mental disorders has expanded remarkably as a result of recent scientific advances. This study, mandated by Congress, reviews those advances in the context of current research and provides a targeted definition of prevention and a conceptual framework that emphasizes risk reduction. Highlighting opportunities for and barriers to interventions, the book draws on successful models for the prevention of cardiovascular disease, injuries, and smoking. In addition, it reviews the risk factors associated with Alzheimer's disease, schizophrenia, alcohol abuse and dependence, depressive disorders, and conduct disorders and evaluates current illustrative prevention programs. The models and examination provide a framework for the design, application, and evaluation of interventions intended to prevent mental disorders and the transfer of knowledge about prevention from research to clinical practice. The book presents a focused research agenda, with recommendations on how to develop effective intervention programs, create a cadre of prevention researchers, and improve coordination among federal agencies.