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Titolo	The annual register : a review of public events at home and abroad for the year 1943 / / edited by M. Epstein
Pubbl/distr/stampa	London, [England] : , : Longmans, Green, and Co., , 1944 ©2007
Descrizione fisica	1 online resource (488 pages)
Altri autori (Persone)	EpsteinM
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Lingua di pubblicazione	Inglese
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Livello bibliografico	Monografia
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2. Record Nr.

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Titolo

Nutrition during pregnancy : part I, weight gain : part II, nutrient supplements / / Subcommittee on Nutritional Status and Weight Gain during Pregnancy, Subcommittee on Dietary Intake and Nutrient Supplements during Pregnancy, Committee on Nutritional Status during Pregnancy and Lactation, Food and Nutrition Board, Institute of Medicine, National Academy of Sciences

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Edizione

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Descrizione fisica

1 online resource (480 pages) : illustrations

Disciplina

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Soggetti

Pregnancy - Nutritional aspects
Pregnant women - Weight gain
Pregnancy
Weight gain
Nutritional Physiological Phenomena
Weight Gain
Prenatal Nutritional Physiological Phenomena

Lingua di pubblicazione

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Bibliographic Level Mode of Issuance: Monograph

Nota di bibliografia

Includes bibliographical references.

Nota di contenuto

Part I. Nutritional status and weight gain. Introduction -- Historical trends in clinical practice, maternal nutritional status, and the course and outcome of pregnancy -- Assessment of gestational weight gain -- Total amount and pattern of weight gain: physiologic and maternal determinants -- Body composition changes during pregnancy -- Energy requirements, energy intake, and associated weight gain during

pregnancy -- Effects of gestational weight gain on outcome in singleton pregnancies -- Weight gain in twin pregnancies -- Causality and opportunities for intervention.

Part II. Dietary intake and nutrient supplements. Introduction -- Assessment of nutrient needs -- Dietary intake during pregnancy -- Iron nutrition during pregnancy -- Trace elements -- Calcium, vitamin D, and magnesium -- Vitamins A, E, and K -- Water-soluble vitamins -- Protein and amino acids -- Substance use and abuse during pregnancy -- Periconceptional vitamin supplementation and neural tube defects.

Appendices: Considerations in constructing gestational weight gain charts -- Provisional weight gain charts by prepregnancy weight for height -- Table for estimating body mass index -- Biographical sketches of committee members -- Acronyms -- Glossary -- Index. References.

Sommario/riassunto

In Part I of *Nutrition During Pregnancy*, the authors call for revisions in recommended weight gains for pregnant women. They explore relationships between weight gain during pregnancy and a variety of factors (e.g., the mother's weight for height before pregnancy) and places this in the context of the health of the infant and the mother. They present specific target ranges for weight gain during pregnancy and guidelines for proper measurement. Part II addresses vitamin and mineral supplementation during pregnancy, examining the adequacy of diet in meeting nutrient needs during pregnancy and recommending specific amounts of supplements for special circumstances. It also covers the effects of caffeine, alcohol, cigarette, marijuana, and cocaine use and presents specific research recommendations.