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Nota di contenuto	Front Cover; Contents; Preface; Acknowledgments; About the Editor; Contributors; Chapter 1 - Age-Related Macular Degeneration; Chapter 2 - Chemosensory Disorders: Emerging Roles in Food Selection, Nutrient Inadequacies, and Digestive Dysfunction; Chapter 3 - Periodontal Disease: Treatable, Nutrition-Related, and with Systemic Repercussions; Chapter 4 - Dyslipidemia: How Diet, Food, and Nutrients Augment Treatment; Chapter 5 - Hyperviscosity Syndrome: A Nutritionally Modifiable Cardiovascular Risk Factor Chapter 6 - Hypertension: Nutrition, Nutraceuticals, Vitamins, Antioxidants, and Minerals in Prevention and TreatmentChapter 7 - Congestive Heart Failure and Cardiomyopathy: The Metabolic Cardiology Solution; Chapter 8 - Cardiac Arrhythmias: Fish Oil and Omega-3 Fatty Acids in Management; Chapter 9 - Anemia: Which Patients Benefit from Nutritional Therapies?; Chapter 10 - Asthma: Nutrient Strategies in Improving Management; Chapter 11 - Gastroesophageal Reflux Disease : Food and Nutrients as First-Line Therapy; Chapter 12 - Peptic Ulcer Disease and Helicobacter Pylori Chapter 13 - Viral Hepatitis and Nonalcoholic Steatohepatitis: Nutrient Interventions in ManagementChapter 14 - Irritable Bowel Syndrome;

Chapter 15 - Inflammatory Bowel Disease: Integrating Food and Nutrients into Disease Management; Chapter 16 - Celiac Disease and Non-Celiac Gluten Sensitivity: The Evolving Spectrum; Chapter 17 - Bariatric Surgery and Post-Bariatric Surgery Nutrition Needs; Chapter 18 - Obesity: Primary Care Approaches to Weight Reduction; Chapter 19 - Diabetes and Insulin Resistance: Food and Nutrients in Primary Care Chapter 20 - Hashimoto's Thyroiditis: Optimizing Thyroid Function with Nutrition Chapter 21 - The Hyperparathyroidisms; Chapter 22 - Acne and Diet; Chapter 23 - Atopic Dermatitis and Diet; Chapter 24 - Kidney Stones: Preventing Recurrence with Diet and Nutrients; Chapter 25 - Chronic Kidney Disease: Overview and Nutritional Interventions; Chapter 26 - Cognitive Decline: Prevention through Delay; Chapter 27 - Parkinson's Disease : Nutrient Interventions Targeting Disease Progression; Chapter 28 - Migraine Headache: New Understanding of Mechanisms and Therapies Chapter 29 - Attention Deficit Hyperactivity Disorder Chapter 30 - Sleep Disturbance; Chapter 31 - Alcohol and Drug Addiction: Using Nutrition as the Foundation of Recovery; Chapter 32 - Bipolar Disorder: An Environmental and Nutritional Approach to Therapy; Chapter 33 - Surgery: Nutrient Therapy to Optimize Outcomes; Chapter 34 - Fibromyalgia; Chapter 35 - Osteoporosis; Chapter 36 - Osteoarthritis; Chapter 37 - Cancer and Insulin: Targeting the Insulin-IGF System for Risk Reduction and Survival; Chapter 38 - Breast Cancer: Nutrition to Promote Recovery and Diminish Recurrence Risk Chapter 39 - Prostate Cancer: Food and Nutrients That May Slow Disease Progression

Sommario/riassunto

This book features chapters leading physicians in disease management applying the latest scientific advances linking nutrition to the clinical practice of medicine. Each chapter offers adjuncts to standard care, fewer side-effects, improved risk-reduction or added quality of life--