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Titolo	Beyond well-being : the fascination of risk and of the new psychological addictions / / Laura Tappata, editor
Pubbl/distr/stampa	Hauppauge, N.Y., : Nova Science Publishers, 2013
ISBN	1-62618-027-X
Edizione	[1st ed.]
Descrizione fisica	1 online resource (173 p.)
Collana	Psychology of emotions, motivations and actions
Altri autori (Persone)	TappataLaura
Disciplina	155.2/5
Soggetti	Well-being Self-esteem Quality of life
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Foreword -- Introduction -- Theories and methods in health psychology : in search of well-being -- The fascination of risk : a compulsory choice for young people? -- The post-modern identity and sensation seeking : a reflection on binge drinking -- The fascination of the new non-drug addictions -- Conclusion -- References -- Index.
Sommario/riassunto	In this thought-provoking book, Laura Tappata guides the reader from a description of the existential problem of psychological addictions to a possible solution leading to a potentially positive outcome for the individual. The central theme of the book is anchored in the dismal nature of post-modern identity with a focus on searching for meaning in what we are and who we are."