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Autore	Beck John H
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and Promoting Effectiveness; 11 Applied Emotional Intelligence: Regulating Emotions to Become Healthy, Wealthy, and Wise; Part III Integration and Conclusions

12 The Current State of Emotional Intelligence Research: Answers to Some Old Questions and the Discovery of Some New Ones13 Clarifying Concepts Related to Emotional Intelligence: A Proposed Glossary; Author Index; Subject Index

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#### Sommario/riassunto

Since the release of the very successful first edition in 2001, the field of emotional intelligence has grown in sophistication and importance. Many new and talented researchers have come into the field and techniques in EI measurement have dramatically increased so that we now know much more about the distinctiveness and utility of the different EI measures. There has also been a dramatic upswing in research that looks at how to teach EI in schools, organizations, and families.<BR><BR>In this second edition, leaders in the field present the most up-to-date research on the assessment and use o

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