

| | |
|-------------------------|--|
| 1. Record Nr. | UNINA9910970116203321 |
| Autore | Schapira Sylvie K |
| Titolo | Choosing counselling or psychotherapy training : a practical guide // Sylvie K. Schapira |
| Pubbl/distr/stampa | London; ; New York, : Routledge, 2000 |
| ISBN | 1-134-61918-9 1-134-61919-7 1-280-31757-4 0-585-44686-5 0-203-46016-2 |
| Edizione | [1st ed.] |
| Descrizione fisica | 1 online resource (255 p.) |
| Disciplina | 158/.3/071 361.060711 |
| Soggetti | Counselors Psychotherapists |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | Description based upon print version of record. |
| Nota di bibliografia | Includes bibliographical references and index. |
| Nota di contenuto | Book Cover; Title; Contents; Acknowledgements; Introduction; AN OVERVIEW TO THE FIELD; THEORETICAL APPROACHES: BACKGROUND AND DESCRIPTION; TOWARDS HUMANISTIC THERAPY; TOWARDS COGNITIVE-BEHAVIOURAL THERAPIES; THINKING OF BECOMING A COUNSELLOR OR PSYCHOTHERAPIST?; PREPARATION FOR STARTING A COURSE; WHAT TO EXPECT ON A COURSE: INTRODUCTION, CERTIFICATE AND DIPLOMA; QUALIFICATIONS, REGISTRATION, ACCREDITATION AND RESEARCH; OTHER FORMS OF THERAPY AND SPECIALISED TRAINING; CAREERS IN THERAPY; List of resources; Glossary; Sample contract between therapist and client Sample contract between supervisor and supervisee Questions; Index |
| Sommario/riassunto | There are a bewildering number of counselling and psychotherapy courses on offer: yet often trainees are not fully aware of the implications of their choice of course for their time, finances and future career until they have already begun training. Choosing a Counselling or Psychotherapy Training takes the reader through all the stages of the therapeutic training path, looking at everything from starting a |

course to employment prospects. Informative and realistic, the book includes:
* Theoretical approaches to counselling and psychotherapy*
Preparation for starting a course
