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Descrizione fisica	1 online resource (143 pages)
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Soggetti	Pregnancy - Nutritional aspects Lactation - Nutritional aspects Nutrition counseling
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
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Nota di bibliografia	Includes bibliographical references (p. 125-126) and index.
Nota di contenuto	New tools and clinical care outlines Introduction Preconception/interconception visit First prenatal visit Follow-up visits Postpartum visits Supplementary information General strategies for providing effective nutritional care Dietary assessment and guidance Assessing weight change Nutrient supplementation Nutrition referrals and resources
Sommario/riassunto	Health care professionals can turn to this handy, practical guide for help in smoothly integrating maternal nutritional care into their practices. Nutrition During Pregnancy and Lactation provides physicians, nurses, primary care providers, and midwives with a ready-made, step-by-step program for helping new mothers. Providing background details, resource lists, and a "toolbox" of materials, this implementation guide makes nutritional care simple and straightforward.