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Impulsive Aggression"; ""Affective Dysregulation"; ""Structural Brain Imaging in Borderline Personality Disorder (BPD)"; ""Functional Brain Imaging in BPD"; ""Stress Regulation and BPD"; ""Polysomnographic Studies and Neurophysiology"; ""Pain Perception"; ""Conclusion""; ""Perspectives""; ""References""

""Proving the Efficiency of Music Psychotherapy with Borderline Adolescents by Means of a Quasi-Experimental Design""""Abstract""; ""Introduction""; ""Clinical Background""; ""Methodology of Treatment and Evaluation""; ""Some Experimental Results""; ""Clinical Illustration""; ""Synthesis of Clinical Observations and Experimental Results""; ""Conclusion""; ""References""; ""A Dissociative Model of Borderline Personality Disorder""; ""Abstract""; ""Trauma Histories in Borderline Personality Disorder and Dissociative Identity Disorder""

""Treatment Techniques for Borderline Personality Disorder and Dissociative Identity Disorder""""DSM-IV-TR Criteria for Borderline Personality Disorder""; ""Frantic Efforts to Avoid Real or Imagined Abandonment""; ""Unstable and Intense Relationships - Idealization and Devaluation""; ""Identity Disturbance""; ""Impulsivity that is Physically Self-Damaging""; ""Recurrent Suicidal Behavior""; ""Affective Instability""; ""Chronic Feelings of Emptiness""; ""Inappropriate Intense Anger""; ""Transient, Stress-Related Paranoid Ideation or Severe Dissociative Symptoms""

""Counter-Transference Problems with Borderline Personality Disorder""

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#### Sommario/riassunto

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Borderline personality disorder (BPD) is a serious mental illness characterized by pervasive instability in moods, interpersonal relationships, self-image, and behavior. This instability often disrupts family and work life, long-term planning, and the individual's sense of self-identity. Originally thought to be at the 'borderline' of psychosis, people with BPD suffer from a disorder of emotion regulation. While less well known than schizophrenia or bipolar disorder (manic-depressive illness), BPD is more common, affecting 2 percent of adults, mostly young women.

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