

1. Record Nr.	UNINA9910970019603321
Autore	Aldridge David <1947->
Titolo	A comprehensive guide to suicidal behaviours : working with individuals at risk and their families // David Aldridge and Sergio Perez Barrero
Pubbl/distr/stampa	London ; ; Philadelphia, : Jessica Kingsley Publishers, 2012
ISBN	9786613688729 9781784027780 1784027782 9781280778339 1280778334 9780857005151 0857005154
Descrizione fisica	1 online resource (194 p.)
Altri autori (Persone)	Perez BarreroSergio Andres <1953->
Disciplina	362.28
Soggetti	Suicidal behavior - Treatment Suicide - Prevention Suicide - Psychological aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	A Comprehensive Guide to Suicidal Behaviours: Working with Individuals at Risk of Suicideand their Families; Note on Vocabulary; Chapter 1 Introduction: The Individual in a Process of EscalatingDistress; Chapter 2 Suicidal Behaviour in a Historical Context; Chapter 3 Classifications of Suicide; Chapter 4 Myths about Suicide; Chapter 5Talking about Suicidal Ideas; Chapter 6Suicide Risk Groups; Chapter 7Protective Factors in Suicidal Be; Chapter 8Family Problems; Chapter 9The Survivor and Complicated Grief; Chapter 10Psychotherapy for Suicidal People in Crisis Chapter 11The Internet: New Possibilities, Problems and Challengesin the Prevention of SuicideChapter 12Recommendations for a Suicide Prevention Strategy; Appendix 1: A Model of the Systemic Management of Distress; Appendix 2: Glossary of Terms; References; Further Information; Index; Blank Page

## Sommario/riassunto

This book explains the classifications and manifestations of suicide, risk factors, at-risk groups and warning signs. Advice on effective communication and strategies for distress management are offered for use with vulnerable individuals, those who have survived a suicide attempt and families coping with bereavement.

---