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Autore	Radcliffe Jennifer
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	9 'It's the best decision I ever made': success stories with weight loss surgery10 'I thought if I was slim the world would be some kind of fairy tale': the risks and challenges of weight loss surgery; 11 Taking control: FAQs and resources; Further reading; Index
Sommario/riassunto	Cut Down to Size covers everything you need to know about bariatric surgery, from referral through to the challenges you may face after surgery. Most people who seek weight loss surgery have struggled for many years to control their eating, and have experienced increasing health limitations, self-consciousness and discrimination. People see weight loss surgery as their last chance for a better, more normal life. While hopeful fantasies about an alternative future make it hard to

contemplate the risk of failure, some patients experience considerable emotional or physical problems. <