

1. Record Nr.	UNINA9910969218903321
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Titolo	Transitions to better lives : offender readiness and rehabilitation / / [edited by] Andrew Day. [et al.]
Pubbl/distr/stampa	Cullompton, Devon, : Willan Pub., 2010 Cullompton, Devon ; ; Portland, Or. : , : Willan Publishing, , 2010
ISBN	1-134-02702-8 1-134-02695-1 1-282-55552-9 9786612555527 1-84392-720-9
Edizione	[1st ed.]
Descrizione fisica	1 online resource (330 p.)
Altri autori (Persone)	DayAndrew, Professor
Disciplina	365.66 365/.661
Soggetti	Criminals - Rehabilitation Recidivism Criminal psychology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 254-288) and index.
Nota di contenuto	pt. 1. What is treatment readiness? -- pt. 2. Readiness and offenders -- pt. 3. Clinical and therapeutic approaches to working with low levels of readiness.
Sommario/riassunto	Transitions to Better Lives aims to describe, collate, and summarize a body of recent research - both theoretical and empirical - that explores the issue of treatment readiness in offender programming. It is divided into three sections:part one unpacks a model of treatment readiness, and explains how it has been operationalizedpart two discusses how the construct has been applied to the treatment of different offender groupspart three iscusses some of the practice approaches that have been identified as holding promise in addressing low levels of of