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5: The First Caritas Process: Embrace Altruistic Values and Practice Loving Kindness With Self and Others; Embrace Altruistic Values and Practice Loving Kindness With Self and Others; One More Consideration; The First Caritas in Action: Caritas Coach Education Program Project Abstracts; Mindfulness Perspective; Contemplative Art Activity to Deepen Learning; References
Chapter 6: The Second Caritas Process: Instill Faith and Hope, and Honor Others; Be Authentically Present, Instill Faith and Hope, and Honor Others; The Second Caritas in Action: Caritas Coach Education Program Project Abstracts; Mindfulness Perspective; Contemplative Art Activity to Deepen Learning; References; Chapter 7: The Third Caritas Process: Be Sensitive to Self and Others by Nurturing Individual Beliefs and Practices; Be Sensitive to Self and Others by Nurturing Individual Beliefs and Practices; The Third Caritas in Action: Caritas Coach Education Program Project Abstracts
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Promote and Accept Positive and Negative Feelings as You Authentically Listen to Another's Story

Sommario/riassunto

This is the first text to help students and practicing nurses translate and integrate the philosophy and abstracts of Caring theory into everyday practice. It was developed for use as the primary text for an online caring theory course that will be offered through the Watson Caring Science Institute in October 2013. Through case examples and guiding activities, the book helps students and practitioners to more fully comprehend the meaning and use of each Caritas Process. It draws upon the contemplative and mindfulness teaching of Thich Nhat Hahn, a renowned Buddhist monk, poet, author, teacher
