

1. Record Nr.	UNISA996386291303316
Autore	Baxter Richard <1615-1691.>
Titolo	Cain and Abel malignity [[electronic resource]] : that is, enmity to serious godliness, that is, to an holy and heavenly state of heart and life : lamented, described, detected, and unanswerably [sic] proved to be the devilish nature, and the militia of the devil against God and Christ and the church and kingdoms, and the surest sign of a state of damnation / / by Richard Baxter, or, Gildas Salvianus .
Pubbl/distr/stampa	London, : Printed for Tho. Parkhurst ..., 1689
Descrizione fisica	[14], 146, [2] p
Soggetti	Christian life
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Advertisement on p. [1-2] at end. Reproduction of original in the University of Illinois (Urbana-Champaign Campus). Library.
Sommario/riassunto	eebo-0167

2. Record Nr.	UNINA9910968431603321
Titolo	Women and exercise : the body, health and consumerism / / edited by Eileen Kennedy and Pirkko Markula
Pubbl/distr/stampa	New York, : Routledge, 2011 New York : , : Routledge, , 2011
ISBN	1-136-88368-1 1-136-88369-X 1-283-04345-9 9786613043450 0-203-83930-7
Edizione	[1st ed.]
Descrizione fisica	1 online resource (317 p.)
Collana	Routledge research in sport, culture and society ; ; 5
Altri autori (Persone)	KennedyEileen MarkulaPirkko <1961->
Disciplina	613.7/045 613.7045
Soggetti	Exercise for women Women in mass media Women - Health and hygiene
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Book Cover; Title; Copyright; Contents; Acknowledgments; Introduction: Beyond Binaries: Contemporary Approaches to Women and Exercise; Part I: The Business of Exercise: Selling and Consuming Fitness; 1 Love Your Body?: The Discursive Construction of Exercise in Women's Lifestyle and Fitness Magazines; 2 Women Developing and Branding Fitness Products on the Global Market: The Method Putkisto Case; 3 'Folding': A Feminist Intervention in Mindful Fitness; Part II: Body Trouble: Fat Women and Exercise; 4 Fit, Fat and Feminine?: The Stigmatization of Fat Women in Fitness Gyms 5 I Am (Not) Big . . . It's the Pictures that Got Small: Examining Cultural and Personal Exercise Narratives and the Fear of Fat6 Large Women's Experiences of Exercise; 7 Obesity, Body Pedagogies and Young Women's Engagement with Exercise; Part III: In the Name of Health: Women's Exercise and Public Health; 8 The Significance of Western

Health Promotion Discourse for Older Women from Diverse Ethnic Backgrounds; 9 Growing Old (Dis)Gracefully?: The Gender/Aging/Exercise Nexus; 10 "Doing Something That's Good For Me": Exploring Intersections of Physical Activity and Health Part IV: Lived Body Experiences: Exercise, Embodiment and Performance11 The New 'Superwoman': Intersections of Fitness, Physical Culture and the Female Body in Romania; 12 Keep Your Clothes On!: Fit and Sexy Through Striptease Aerobics; 13 Becoming Aware of Gendered Embodiment: Female Beginners Learning Aikido; 14 Running Embodiment, Power and Vulnerability: Notes Toward a Feminist Phenomenology of Female Running; Contributors; Index

Sommario/riassunto

Exercise for women is a heavily-laden social and embodied experience. While exercise promotion has become an increasingly visible part of health campaigns, obesity among women is rising, and studies indicate that women are generally less physically active than men. Women's (lack of) exercise, therefore, has become a public concern, and physiological and psychological research has attempted to develop more effective exercise programs aimed at women. Yet women have a complex relationship with embodiment and physical activity that is difficult for quantitative scientific approaches to explore.
