

1. Record Nr.	UNINA9910968340703321
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Titolo	Contact with the Depths / / by Michael Eigen
Pubbl/distr/stampa	London, : Karnac, 2011 Boca Raton, FL : , : Routledge, , [2018] ©2011
ISBN	0-429-91220-X 0-429-47320-6 1-283-30586-0 9786613305862 1-84940-904-8
Edizione	[First edition.]
Descrizione fisica	1 online resource (158 p.)
Disciplina	150.195 150.195092
Soggetti	Psychoanalysis
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	COVER; CONTENTS; ABOUT THE AUTHOR; Introduction and acknowledgements; CHAPTER ONE Distinction-union structure; CHAPTER TWO Spirituality and addiction; CHAPTER THREE I don't know; CHAPTER FOUR Wordlessness; CHAPTER FIVE Ring-hang up, start-stop, on-off; CHAPTER SIX Tears of pain and beauty: mixed voices; CHAPTER SEVEN Arm falling off; CHAPTER EIGHT Music and psychoanalysis; REFERENCES; INDEX
Sommario/riassunto	This book explores ways we make contact with the depths in ourselves and each other. We are deeply moved by contact we make with life, yet also puzzled by a need to break or lose contact, and often suffer wounds by failure of contact to be born. Our sense of contact is tenacious and fragile, subject to deformations, plagued with a sense of jeopardy. Chapters focus on ways we make-and-break contact in the wounded aloneness of addiction, the wounded beauty of psychosis, the importance of not knowing and wordlessness, ways we transmit emotions, the need to start over, and harm we cause by trying to get

rid of and misuse tendencies that are part of our makeup. Our contact with life, ourselves, each other is challenged. And through it all, we have need for deep contact, contact with the depths, fulfilling and suspenseful. Contact we never stop growing into, part of the mystery, care and love of everyday life.

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