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Nota di contenuto	Cover; Half Title; Title Page; Copyright Page; Dedication; Table of Contents; Foreword; Special Acknowledgments; Introduction; Part I: Developing Understanding; Chapter 1. My Struggle As a Parent; Chapter 2. What My Personal Experience Has Taught Me; Parental Rigidity; Cause-Effect Behavior; Emotional Enmeshment; Loss of Self-Esteem; A Sense of Perspective/New Learning; The Power Struggle; Chapter 3. Attention Deficit Disorder from the Inside Out; What Is Attention Deficit (Hyperactivity) Disorder?; I Do Not Remember!; Inattentiveness; Hypersensitivity; Hyperactivity (ADHD Trait) Impulsiveness (ADHD Trait)Peer Relationships; Some Frequently Asked Questions; Rejected Parents; A Prescription from the Horse's Mouth; Chapter 4. Your Child Can Change: Teaching Your Child New Behavior; Developing a Plan for Your Child; Planning Helps the Parent; Five Basic Rules; Chapter 5. Charting the Course to a New Life: Motivating Your Child to Change His or Her Behavior; A Few Comments; Another Look at ADD; Verbal Encouragement; Nonverbal Encouragement; Indirect Verbal Encouragement; Tangible Rewards and Privileges; Point Charts;

Negative Incentives; Phasing Out the Reward System

Moving ForwardChapter 6. Changing What Happens Inside: Empowering Your Child; Understand That Your Child Needs Special Help; Invite Your Child into the Decision-Making Process; Negotiate with Your Child; Allow Your Child to Make Choices; Praise Liberally; Use Medication Appropriately; Do Not Interact with Your Child or Make Decisions When You Are Emotionally Upset; Chapter 7. Lessons for Parents; Self-Check; Modeling; Contact; Awareness; Choice (Empowerment); Reinforcement; Putting It All Together; Chapter 8. New Perspectives on ADD Medication; Chapter 9. Putting It All Together

A Summary of the StepsApplying the Behavior Techniques We Discussed; Discussions with Your Child; Self-Monitoring, Choice, and Reinforcement for the Parent; Use of Point Charts; What Age Should My Child Be to Benefit from the Information Summarized?; Part II: Specific Problem Behaviors (Working with Children Ages Four to Fourteen); Chapter 10. Taming Aggression; Parent's Composure Review; Time-Out Review; Problems in Dealing with Aggressive Behavior; Conduct Disorder; Chapter 11. Temper Tantrums; Why Do Children Throw Temper Tantrums?; Distinguishing Between Temper Tantrums and Disrespect

Stopping Temper TantrumsChapter 12. Teaching Respect; Improving My Behavior List; Parent's Composure Review; Chapter 13. Time for Chores; How to Motivate Your Child to Do Chores; Suppose This Does Not Work; Examples of Typical Problems I Have Encountered; Chapter 14. How to Help Your Child with School; Problems with Focusing; Hyperactivity and Impulsiveness; Additional Notes; A Final Word; Chapter 15. Easing the Homework Struggle; Helping Your Child; Communicating with Your Child's Teacher; Interventions; Chapter 16. Peers and Socialization; Relationship Problems; A Social Skills Model Coaching Your Child

Sommario/riassunto

How can you help the ADD child in your life?Attention deficit disorder (ADD) is one of the most discussed yet least understood childhood disorders today. Here is a book that delivers the answers people are looking for!Wild Child explains the symptoms, thinking patterns, and behavior of children and adolescents with ADD in terms that are understandable by parents and grandparents, yet relevant to the professionals who deal with these children. It outlines specific strategies that you can use to cope with the vast array of behavior, hyperactivity, and inattention problems exp
