

1. Record Nr.	UNINA9910968043503321
Titolo	A risk reduction strategy for human exploration of space : a review of NASA's Bioastronautics Roadmap // David E. Longnecker and Ricardo A. Molins, editors
Pubbl/distr/stampa	Washington, DC, : National Academies Press, c2006
ISBN	9786610447237 9780309180344 0309180341 9781280447235 1280447230 9780309653046 0309653045
Edizione	[1st ed.]
Descrizione fisica	xvii, 143 p. : ill
Altri autori (Persone)	LongneckerDavid E. <1939-> MolinsRicardo A. <1948->
Disciplina	616.9/80214
Soggetti	Space flight - Physiological effect Astronauts - Health and hygiene Risk management
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	"Committee on Review of NASA's Bioastronautics Roadmap, Board on Health Sciences Policy, Space Studies Board, Aeronautics and Space Engineering Board, Institute of Medicine and National Research Council of the National Academies." Accompanied by CD-ROM, "Bioastronautics Roadmap."
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	FrontMatter -- Independent Report Reviewers -- Contents -- List of Tables, Figures, and Boxes -- Executive Summary -- 1 Introduction -- 2 Considerations Regarding the BR Content -- 3 Considerations Regarding the BR Process -- 4 Considerations Regarding the BR Context -- APPENDIXES -- A Bibliography of Related National Academies Reports -- B Methods -- C Status of Countermeasure and Technology Readiness Levels -- D Bone Fracture Risk Associated with Prolonged Exposure to Microgravity -- E Integration of Data-Based

Sommario/riassunto

Extending the spatial and temporal boundaries of human space flight is an important goal for the nation and for the National Aeronautics and Space Administration (NASA). However, human space flight remains an endeavor with substantial risks, and these risks must be identified, managed, and mitigated appropriately to achieve the nation's goals in space. The Bioastronautics Roadmap (BR) is the result of extensive, commendable efforts on the part of NASA to prioritize research efforts to meet these challenges. In 2003, NASA asked the Institute of Medicine (IOM), in collaboration with the Division on Engineering and Physical Sciences of the National Academies, to conduct a review of the BR. Specifically, NASA asked the committee to (1) conduct a comprehensive assessment and report of the strengths and weaknesses of the content and processes of the Bioastronautics Roadmap as applied to the missions described in the President's exploration initiative and (2) identify the unique challenges for accomplishing its goals and objectives. In September 2004, the committee released its preliminary report to NASA entitled Preliminary Considerations Regarding NASA's Bioastronautics Critical Path Roadmap . That document presented the committee's preliminary conclusions about the strengths and weaknesses of the April 2004 version of the BR. This report, A Risk Reductions Strategy for Human Exploration of Space , builds on those preliminary conclusions and provides recommendations to NASA about how to address the issues identified by the committee.

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