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| 1. Record Nr. | UNINA9910967220903321 |
| Autore | Watson Alan H. D. <1953-> |
| Titolo | The biology of musical performance and performance-related injury // Alan H.D. Watson |
| Pubbl/distr/stampa | Lanham, Md., : Scarecrow Press, 2009 New York : , : Bloomsbury Publishing (US), , 2009 |
| ISBN | 979-82-16-43398-9 1-282-52019-9 9786612520198 0-8108-6375-8 |
| Edizione | [1st ed.] |
| Descrizione fisica | 1 online resource (392 p.) |
| Classificazione | LR 56600 LR 57770 9,2 LR 56000 LR 57800 |
| Disciplina | 612.002/478 |
| Soggetti | Music - Performance - Physiological aspects Music - Performance - Psychological aspects Musicians - Wounds and injuries Overuse injuries - Prevention Music Occupational diseases SCIENCE - Life Sciences - Human Anatomy & Physiology Music - Performance - Health aspects Wounds and injuries Occupational Diseases Wounds and Injuries MEDICAL - Physiology |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | CD-ROM includes illustrations from the book (color versions), animations, soundfiles, and videos. |
| Nota di bibliografia | Includes bibliographical references and index. |
| Nota di contenuto | Introduction to the tissues of the body -- Posture and the back in |

musical performance -- The shoulder, arm, and hand : structure and problems -- Breathing in singing and wind playing -- The voice : management and problems -- The embouchure and wind playing -- The structure and organization of the brain -- How the performance of music affects the brain -- Hearing and the processing of musical sound by the brain -- Performance-related stress and its management.

Sommario/riassunto

The Biology of Musical Performance and Performance-Related Injury presents accurate information on the biological principles and physical processes that underlie the craft of musical performance. It explains concepts and techniques without assuming prior scientific knowledge, providing relevance to both musicians and health professionals who treat performance-related medical conditions. It offers performers and teachers the tools they need to create a rational approach to the development and communication
