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Titolo	Becoming parents and overcoming obstacles : understanding the experience of miscarriage, premature births, infertility, and postnatal depression // by Emanuela Quagliata
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Note generali	Firsttitle pageblished in Italian in 2010 as Diventare genitori : Il concepimento, la gravidanza, il primo anno : la formazione di un legame profondo e le difficolta del percorso by Casa Editrice Astrolabio-Ubaldini Editore.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	chapter One A paradoxical pain: recurrent miscarriage / Emanuela Quagliata -- chapter Two The experience of parents of a premature baby / Maggie Cohen -- chapter Three Emotional turmoil around birth / Hendrika C. Halberstadt-Freud -- chapter Four Parenting the next child in the shadow of death / Marguerite Reid -- chapter Five "Opening shut doors"—the emotional impact of infertility and therapeutic issues / Joan Raphael-Leff -- chapter Six Overcoming obstacles / Lisa Miller.
Sommario/riassunto	There are many books that deal with pregnancy and maternity, and a large number of magazines and articles on paediatric nursing that examine these subjects from different points of view. This volume is not a manual and is not intended to explain to future parents what to

do and what to avoid. The objective is rather to look at the most significant and problematic aspects of this delicate phase of a woman's life and that of a couple. It seeks to offer a key to understand the deep significance and complexity of the path to follow to become parents and to face fears linked to the difficulty of procreation, using the tools of observation and psychoanalytic listening. Reviewing several experiences of clinical work, the authors offer reflections on the personal experiences of women and couples and the difficulties which can be met when the desire for a child is disappointed. A maternity and parenting project can be frustrated by miscarriages and encounter the fear of infertility. How are the problems of sterility or spontaneous abortion experienced?
