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Nota di contenuto	Embodying research design : a transformational paradigm in scientific discovery / Michael Changaris -- Open and reflective research : methodological reflections on the importance of body awareness in qualitative research / Helena Dahlberg -- The concept of "felt sense" in embodied knowing and action / Anne Weiser Cornell And Barbara McGavin -- Embodied data : toward a vocabulary for somatic and movement experience / Jennifer Frank Tantia -- Ethical considerations in embodied research / Rae Johnson -- Methods for measuring embodiment, an instrument : the multidimensional assessment of interoceptive awareness (MAIA) / Aaron Freedman and Wolf Mehling -- Empirical evidence of the embodiment awareness changes in somatic focused gestalt psychotherapy / Susan Grossman -- Somatic phenomenology : maps of body-felt experience / Glenn Hartelius -- The three pillars of movement observation and analysis : a brief introduction to the LMA, KMP and MPI / Karolina Bryl -- Embodied and nonverbal indices of stress in intergenerational transmission / Silvia B. Birklein -- The skillful analyst : investigating, analyzing, and reflecting on movement behavior through embodied knowledge / Karen Bradley -- Ethnomethodologically informed ethnography : recognising the potential and limitations of the researcher's body as tool for exploring

embodied practice / Tara Woodyer -- Beyond interpretative phenomenological analysis : using body awareness and mindfulness meditation practices to research body psychotherapy / Gill Westland -- The body-focused interview : explicating the implicit in embodied research / Jennifer Frank Tantia -- Embodied writing research applications : giving the body "voice" through the vehicle of words / Rosemarie Anderson -- Body stories : researching and performing the embodied experience of oppression / Rae Johnson with Rebecca Morgan, Jessica Pink and Masha Mikulinsky -- The somatic impact of war and flight on the agent bodies of refugee women in Germany : a mixed-method approach including movement and body image sculptures / Beatrice Schlee And Mone Welsche -- Aesthetic answering : a method of embodied analysis and arts-based research in creative arts therapies / Gudrun Lange, Nicole Hartmann, Marianne Eberhard-Kaechele, & Sabine C. Koch -- Mixed methods for evaluating embodied processes in higher education / Rosa-Maria Rodriguez-Jimenez & Manuel Carmona.

Sommario/riassunto

"The concept of embodiment, or the lived experience of the body, has become an important focus of scholarly attention across psychology, sociology, philosophy, and cultural studies. Addressing the inherent challenges of researching the lived experience of the body, this edited volume brings together experienced scholars who conduct and teach embodied research to and establish effective strategies for exploring experience through nonverbal communication, subjective sensory and proprioceptive states, and body-centered imagery. It represents a thorough and comprehensive resource for students conducting research using an embodied approach and for instructors that teach embodied inquiry"--
