

1. Record Nr.	UNINA9910966589103321
Autore	Winokuer Howard Robin
Titolo	Principles and practice of grief counseling / / Howard R. Winokuer, Darcy L. Harris
Pubbl/distr/stampa	New York, N.Y., : Springer, c2012
ISBN	1-280-12727-9 9786613531148 0-8261-0873-3
Edizione	[1st ed.]
Descrizione fisica	1 online resource (257 p.)
Altri autori (Persone)	HarrisDarcy
Disciplina	155.9/37 155.937
Soggetti	Grief Grief therapy Loss (Psychology)
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Introduction -- Theoretical underpinnings -- Basics about counseling -- Unique aspects grief counseling -- Theories and orientation to bereavement and counseling -- Practice and process -- The foundation : learning the practice of presence -- The basics of counseling practice -- Working with bereaved individuals -- Living losses : non-death, nonfinite, and ambiguous loss -- Working with clients' strong emotions-- and yours -- When grief goes awry-- how to name it : what to do -- Therapeutic modalities and approaches in the context of grief -- Ethical issues in grief counseling -- Current issues and trends -- Caregiver issues for counselors -- Current trends and issues in grief counseling -- Acknowledgments.
Sommario/riassunto	This core, introductory textbook for undergraduate and graduate level courses is the first volume to combine the knowledge and skills of counseling psychology with current theory and research in grief and bereavement. It is grounded in the belief that grief counseling is distinct from other therapeutic issues because grief is an adaptive response rather than a form of pathology. The book describes the unique aspects of grief as a normal response to loss and views the goal

of counseling bereaved individuals as one of facilitating the unfolding
of the healthy and adaptive aspects of the process
