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| 1. Record Nr. | UNINA990000561820403321 |
| Autore | Charpentier, Henri |
| Titolo | La construction des navire marchands / Henri Charpentier |
| Pubbl/distr/stampa | Paris : Dunod, 1936 |
| Edizione | [1 ed] |
| Descrizione fisica | 35 cm 910 p. |
| Localione | DININ |
| Collocazione | 05 74 |
| Lingua di pubblicazione | Italiano |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
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| 2. Record Nr. | UNINA9910966550903321 |
| Autore | Steketee Gail |
| Titolo | Compulsive hoarding and acquiring : therapist guide / / Gail Steketee, Randy O. Frost |
| Pubbl/distr/stampa | Oxford ; ; New York, : Oxford University Press, 2007 |
| ISBN | 1-280-70454-3
9786610704545
0-19-804107-1
1-4294-2068-5 |
| Edizione | [1st ed.] |
| Descrizione fisica | 1 online resource (237 p.) |
| Collana | Treatments that work |
| Altri autori (Persone) | FrostRandy O |
| Disciplina | 616.85/227 |
| Soggetti | Obsessive-compulsive disorder
Compulsive behavior |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | Description based upon print version of record. |
| Nota di bibliografia | Includes bibliographical references (p. [217]-224). |
| Nota di contenuto | Introductory information for clinicians -- Assessing hoarding -- Case |

formulation -- Treatment planning -- Enhancing motivation -- Skills training for organizing and problem solving -- Exposure methods -- Cognitive strategies -- Reducing acquiring -- Preventing relapse.

Sommario/riassunto

Describes an empirically-validated treatment program for use with those individuals who suffer from compulsive hoarding, excessive acquiring, and problems with discarding. Based on the principles of cognitive-behavioral therapy, this guide provides clinicians with the tools and information to help clients restructure their thoughts.
