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Nota di contenuto	POWER AND INFLUENCE; Contents; Foreword; Preface; Chapter 1: The Emerging Age of Wisdom; Chapter 2: Purpose; Chapter 3: Concentration; Chapter 4: Turning Vision to Work; Chapter 5: Building Mental Power; Chapter 6: Growing One's Money Tree; Chapter 7: Time Management; Chapter 8: 'Self' in Self-development; Chapter 9: Influence; Chapter 10: Self-Development and Leadership; Chapter 11: Conclusion; Appendix 1: Power and Influence Proverbs; Appendix 2: Personal Development Self Assessment Tool; Appendix 3: Self-development Interventions; Bibliography; Index; About the Author
Sommario/riassunto	This book demonstrates how the indigenous wisdom contained in African proverbs and folktales can be used to enhance modern life. The timeless wisdom enriches the understanding of self-development and positive influence, contributing towards the much-needed, cross-cultural dialogue among individuals, organizations, and societies in this increasingly diversified world.