

1. Record Nr.	UNINA9910965151803321
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Titolo	It's an emotional game : learning about leadership from football / / Lionel F. Stapley
Pubbl/distr/stampa	London : , : Routledge, , 2018
ISBN	0-429-91528-4 0-429-90105-4 0-429-47628-0 1-280-68601-4 9786613662958 1-84940-363-5
Edizione	[First edition.]
Descrizione fisica	1 online resource (257 p.)
Disciplina	303.34 649.1
Soggetti	Football -- Social aspects Organizational behavior Organizational effectiveness Teams in the workplace Management Business & Economics Management Styles & Communication
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	COVER; CONTENTS; CHAPTER ONE Leaders and teams: understanding self and others; CHAPTER TWO Motivation of the leader in the context of the team; CHAPTER THREE Managing aggression in the leader and other team members; CHAPTER FOUR Defence mechanisms - coping with failure; CHAPTER FIVE Authority - who does what?; CHAPTER SIX Leaders and discipline; CHAPTER SEVEN Why punishment does not achieve discipline; CHAPTER EIGHT Leadership re-defined; AFTERWORD; REFERENCES; INDEX
Sommario/riassunto	"Based on work in the anxiety-provoking and emotional environment of professional football, this book explores the effect that emotions have

on the relationships and relatedness of team members; and, the struggles experienced in controlling and managing emotions by leaders and managers of teams. More specifically, this book explores the conflicts associated with the process of managing the boundary between what is inside and what is outside: between what is in the manager's mind and what is happening in the external environment."-- Provided by publisher.
