

1. Record Nr.	UNINA9910964799203321
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Titolo	Printmaking as therapy : frameworks for freedom / / Lucy Mueller White
Pubbl/distr/stampa	London ; ; Philadelphia, Pa., : Jessica Kingsley Pub, 2002
ISBN	9781283906807 1283906805 9781417503391 1417503394 9781846423352 184642335X
Edizione	[1st ed.]
Descrizione fisica	1 online resource (256 p.)
Disciplina	615.8/5156
Soggetti	Art therapy Prints - Technique
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Intro -- Printmaking as Therapy: Frameworks for Freedom -- Contents -- Acknowledgements -- Introduction -- Chapter 1 Why Choose Printmaking for Art Therapy? -- Product, process and person -- Variety of expression: lines and shapes -- Therapeutic distance -- Sustaining a vision -- Structure and containment -- Selection of an appropriate process -- Chapter 2 A Brief History of Printmaking -- Printmaking is basic -- Connection between materials and function -- Relief processes: stamps, woodcuts -- Intaglio processes: engraving, etching -- Planographic (surface) processes: lithographs, monotypes -- Screen processes: stencil, silk screen -- Contemporary processes -- Chapter 3 General Information -- Creating and holding a place to print -- Teaching a skill -- Archiving: signing and editioning -- Mixing printmaking and other art media -- Therapeutic discussion of prints -- Indirect process -- Underestimating artistic potential -- Ratings for techniques -- Chapter 4 Relief Printing and Stamping: Focus on the Process -- Relief printing: the very beginning -- Instructions for finger or thumb printing -- Stamp printing: focus on process -- General set up for stamp printing -- Instructions for stamp printing from found

objects -- Commercially available stamps -- Instructions for making your own stamps -- Instructions for fabric printing -- Artistic and clinical applications -- Chapter 5 Relief Printing Plates -- Instructions for Styrofoam tray printing: process for line drawings -- Artistic and clinical considerations -- Commercially available relief plates -- Instructions for collagraph relief plates -- Instructions for simple one-session collagraph relief plates -- Instructions for two-session collagraph relief plates -- Instructions for glue plates -- Artistic and clinical considerations -- Chapter 6 Intaglio Processes: Focus on Lines -- Focus on lines.

Advantages and disadvantages -- Equipment and materials -- Instructions for drypoint printing on Plexiglass ® -- Instructions for monoprints -- Variations: jigsaw or group plates -- Instructions for intaglio Styrofoam tray printing -- Instructions for simple one-session collagraph intaglio plates -- Instructions for two-session collagraph intaglio plates -- Instructions for glue prints -- Artistic and clinical considerations -- Chapter 7 Planographic Process: The Magic of Monotypes -- Planographic process -- Monotypes: the painterly print -- Basic monotype supplies -- Instructions for simple foldover (inkblot) monotypes -- Instructions for mystery monotypes -- Instructions for simple reductive monotypes -- Instructions for additive monotypes: the painterly print -- Instructions for monomask monotypes -- Ghost prints: reprinting -- Instructions for multiprint monotypes -- Instructions for watercolor monotypes -- Combination monotypes and embellishing -- Artistic and clinical considerations -- Art of one's own: nurturing the nurturer -- Chapter 8 Stencil Process: Focus on Products -- Stencil and screen processes -- Instructions for stenciling -- Artistic and clinical considerations -- Chapter 9 Simple Screen Processes -- Simple screens -- Instructions for cut or torn paper screens -- Instructions for shadow screens -- Instructions for contact paper screens -- Instructions for painted screens -- Instructions for non-toxic screen printing using commercially available supplies -- Instructions for tin can printing -- Artistic and clinical considerations -- Chapter 10 Putting it Together: Artists' Books, Sustaining a Vision -- History of books -- Artists' books -- What is a book? -- Making books in therapy -- Technical skills -- Book forms -- Chapter 11 When to Use Printmaking for Art Therapy -- The American Abstract Expressionists. Art history and art therapy -- Advantages and disadvantages -- Appendix: Sources for Supplies -- References and Additional Reading -- Glossary -- Subject Index -- Author Index.

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#### Sommario/riassunto

The author explores the therapeutic advantages of printmaking. She also describes its roots outside art therapy. Relief printing, intaglio, planographic or surface processes, and stencilling are all covered in detail, with many ideas for incorporating them into art therapy sessions.

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