Record Nr. UNINA9910964589203321 Autore Luxmoore Nick <1956-> Titolo Working with anger and young people / / Nick Luxmoore London, : Jessica Kingsley, 2006 Pubbl/distr/stampa **ISBN** 9781846425387 1846425387 9781280738210 1280738219 9786610738212 6610738211 Edizione [1st ed.] Descrizione fisica 1 online resource (152 pages) Disciplina 155.51247 Soggetti Anger in adolescence Anger Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto COVER; Working with Anger and Young People; Contents; ACKNOWLEDGEMENTS: 1 Introduction: 2The anger of professionals: 3Anger as a defence; ...against shame; ...against feeling small; ... against feeling invisible; ...against hurt; ...against rejected love; ... against loss; ...against feeling ugly; ...against feeling empty; 4Anger unexpressed; 5Anger exploding; 6Anger, attendanceand attachment; 7Anger and disappointment; 8Anger and identity; 9Anger and envy; 10 Anger, violence and empathy; 11 The anger of professionals (again); References; Subjectindex; Authorindex Working with Anger and Young People warns against 'quick fix' Sommario/riassunto solutions to dealing with anger, and draws on the author's experiences of youth counselling and training workshops to propose helpful

interventions for addressing anger effectively and moving on from it.