

1. Record Nr.	UNINA9910964054803321
Autore	McFerran Katrina <1972->
Titolo	Adolescents, music and music therapy : methods and techniques for clinicians, educators and students / / Katrina McFerran
Pubbl/distr/stampa	London ; ; Philadelphia, : Jessica Kingsley Publishers, 2010
ISBN	9781283905060 128390506X 9780857003768 0857003763
Edizione	[1st ed.]
Descrizione fisica	1 online resource (306 p.)
Disciplina	615.8/51540835
Soggetti	Music therapy for teenagers Teenagers - Mental health
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	FRONT COVER; Adolescents, Music and Music Therapy: Methods and Techniques for Clinicians, Educators and Students; Contents; ACKNOWLEDGEMENTS; AUTHOR'S NOTE; Foreword; Introduction; PART ONE: Background; Chapter 1 Taking a Systematic Look at the Literature; Chapter 2 The Real Deal on How to Work with Adolescents; Chapter 3 What is Healthy Adolescence and How does Music Help?; PART TWO: Song Methods and Teenagers; Introduction; Chapter 4 Using Existing Songs; Chapter 5 Writing Original Songs; PART THREE: Using Improvisation with Teenagers; Introduction; Chapter 6 Group Improvisation; Chapter 7 Individual Improvisations; PART FOUR: Contemporary Approaches; Introduction; Chapter 8 Community Music Therapy; Chapter 9 Four Brief Approaches to Grief; Chapter 10 Preparing for Performances; Conclusion; APPENDIX: LIST OF LITERATURE REVIEWED; FOR CHAPTER 1; REFERENCES; SUBJECT INDEX; AUTHOR INDEX
Sommario/riassunto	Helpful and accessible, the book explains the methodology used in music therapy, a topic that has been considered only briefly until now. The author presents an empowering approach to practice, discussing how the therapist can be placed in a collaborative relationship with the individual or with the group.

