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Nota di contenuto	2. Behavioral Factors Associated With Disease, Injury, and Death Among Men: Evidence and Implications for PreventionSection II: Why Men and Boys do the Things that Make Them Sick and Kill Them: Introduction: Who Are the "Men" in "Men's Health"?; 3. Engendering Health: The Social Construction ofGendered Health Beliefs and Behaviors; 4. Constructions of Masculinity and Their Influence onMen's Well-Being: A Theory of Gender and Health; Section III: Specific Populations Introduction: Ethnicity Matters; 5. Rural Men's Health: Situating Men's Risk in theNegotiation of Masculinity 6. College Men's Health7. Preventive Health Strategies for Men in Prison: Will H. Courtenay and Don Sabo; Section IV: Emerging Research on Men, Masculinity, and Health: Introduction: Youth Violence? Let's Call It What It Is; 8. Gender and Ethnic Differences in Health Beliefs and Behaviors: Will H. Courtenay, Donald R. McCreary, and Joseph R. Merighi; 9. Masculinity and Gender Role Conflict: How They Influence

the Likelihood That Men Will Engage in Multiple High-Risk Behaviors: Will H. Courtenay and Donald R. McCreary  
10. Measurement of Men's Help Seeking: Development and Evaluation of the Barriers to Help Seeking Scale: Abigail K. Mansfield, Michael E. Addis, and Will H. Courtenay  
11. The Drive for Muscularity and Masculinity: Testing the Associations Among Gender Role Traits, Behaviors, Attitudes, and Conflict: Donald R. McCreary, Deborah M. Saucier, and Will H. Courtenay; Section V: Reaching Men: Introduction: Making Health Manly: Social Marketing and Men's Health; 12. Counseling Men About Their Health: An Evidence-Based Practice Guideline

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#### Sommario/riassunto

Masculinity has a powerful effect on the health of men and boys. Indeed, many of the behaviors they use to ""be men"" actually increase their risk of disease, injury, and death. In this book, Dr. Will Courtenay, an internationally recognized expert on men's health, provides a foundation for understanding this troubling reality. With a comprehensive review of data and literature, he identifies specific gender differences in the health-related attitudes, beliefs, and behaviors of men and boys and the health consequences of these differences. He then describes the powerful social, environmental

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