

1. Record Nr.	UNINA9910963947903321
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Titolo	Tools for teaching comprehensive human sexuality education : lessons, activities, and teaching strategies utilizing the national sexuality education standards (Grades 6-12) / / Dominick Splendorio and Lori Reichel
Pubbl/distr/stampa	San Francisco : , : Jossey Bass & Pfeiffer Imprints, Wiley, , [2014] 2014
ISBN	9781118456156 1118456157
Edizione	[First edition.]
Descrizione fisica	1 online resource (417 pages)
Altri autori (Persone)	ReichelLori <1966->
Disciplina	613.9071
Soggetti	Family life education - Study and teaching Sex instruction - Study and teaching
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Tools for Teaching Comprehensive Human Sexuality Education: Lessons, Activities, and Teaching Strategies Utilizing the National Sexuality Education Standards (Grades 6-12) -- Contents -- The Authors -- Notes to the Teacher: How to Use This Book -- General Guidelines for Adapting Human Sexuality Education Lessons for Students With Special Needs -- Acknowledgments -- 1 Anatomy and Physiology -- Lesson 1: People Search -- Lesson 2: Word Association Activity: "Sex" -- Lesson 3: Myths or Facts? -- Lesson 4: The Human Sexual Response Cycle, Part 1 -- Lesson 5: The Human Sexual Response Cycle, Part 2 -- Lesson 6: What to Expect at the Doctor's Of. ce -- Lesson 7: Anatomy Matching Game -- Lesson 8: Up Close and Personal -- Lesson 9: Sexuality Pretest -- Lesson 10: Home-School Connection: Talking about Abstinence -- 2 Puberty and Adolescent Development -- Lesson 1: The Story of Alex and Sam -- Lesson 2: Stirring Up Hormones -- Lesson 3: Alphabet Soup Vocabulary Game -- Lesson 4: Dr. I. B. Healthy: Common Concerns for Preteens and Teens -- Lesson 5: Question Box -- Lesson 6: Decisions, Decisions, Decisions -- Lesson 7: Puberty Grab Bag -- Lesson 8: Up Close and Personal --

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arranged into chapters by the seven topic areas outlined in the National Sexuality Education Standards. These include: anatomy and physiology, puberty and adolescent development, identity, pregnancy and reproduction, sexually transmitted infections, healthy relationships, and personal safety. These dynamic "pick and choose" lessons and activities have been field-tested in classrooms and workshops by the authors, who are recognized experts in this area. Many of the lessons contain an opening activity to immediately engage students, followed by student-centered learning experiences such as case studies, simulations, real-life scenarios, self-assessments, journals, and individual and group projects/presentations. Features lessons that incorporate the essential knowledge and skills to empower students to make healthy decisions related to their sexual health. Includes performance indicators detailed what students should know and be able to do by the end of grades eight and twelve. Offers supplementary web resources and assessment projects, as well as "Home-School Connection" assignments to support family communication about sexuality.
