

1. Record Nr.	UNINA9910963669303321
Autore	Marty Martin E. <1928-2025.>
Titolo	The Protestant voice in American pluralism / / Martin E. Marty
Pubbl/distr/stampa	Athens, : University of Georgia Press, c2004
ISBN	9786613253156 9781283253154 1283253151 9780820342832 0820342831
Edizione	[1st ed.]
Descrizione fisica	1 online resource (97 p.)
Collana	George H. Shriver lecture series in religion in American history ; ; no. 2
Disciplina	280/.4/0973
Soggetti	Protestantism - United States - History Religious pluralism - United States - History United States Church history
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di bibliografia	Includes index.
Nota di contenuto	When Protestants ran the show : when homogeneity ruled, 1607 to 1955 -- More rings in the circus : realized pluralism, after 1955 -- Is there still a tent, or are there many tents? : Protestantism gone public, within pluralism.
Sommario/riassunto	For 350 years, Protestantism was the dominant religion in America-and its influence spilled over in many directions into the wider culture. Religious historian Martin E. Marty looks at the factors behind both the long period of Protestant ascendancy in America and the comparatively recent diffusion and diminution of its authority. Marty ranges across time, covering such things as the establishment of the Jamestown settlement in 1607, the 1955 publication of Will Herberg's landmark book Protestant-Catholic-Jew, and the current period of American ethnic and religious pluralism. For centuries, American Protestantism dominated in three main ways, says Marty: in the sheer numbers of its committed practitioners (spread across some two hundred denominations), in the Protestant leanings of nonadherents, and in the influence of the Protestant ethic in activities as diverse as business and art. To discover what is particularly "American" about Protestantism in

this country, Marty looks at Protestant creencias, or beliefs, that complement or supplement pure doctrine. These include the notion of God as an agent of America's destiny and the impact of the biblical credos of mission, stewardship, and vocation on innumerable nonreligious matters of daily life. Marty also discusses the *vigencias*, or binding (though unwritten) customs, of Protestantism. They include the tendencies to interpret matters of faith in market terms and to conflate biblical and enlightenment ideology into "civic faith." Challenges to Protestant hegemony came and went over the centuries, says Marty, but never in such force and to such effect as in the twentieth century. Among other factors contributing to the rise of pluralism and to schisms between mainstreamers and Fundamentalists, Marty lists changes in immigration laws, U.S. Supreme Court decisions on school prayer, the women's movement, and Vatican II. Today, our Protean spirituality is the topic of everything from sermons to bumper stickers. All in all, this is good, reassures Marty, for to debate our spirituality is to sustain the life of a functioning, thinking, believing republic. Those who pine for some golden age of Protestantism are misled by nostalgia or resentment. The real work to be done by Protestants now is to serve, partner, and cooperate where they once managed, controlled, and directed.

2. Record Nr.	UNINA9910964020203321
Autore	Epstein Susan J
Titolo	The life program for MS : lifestyle, independence, fitness, and energy / / [Susan J. Epstein]
Pubbl/distr/stampa	Oxford ; New York, : Oxford University Press, 2009
ISBN	0-19-045250-1 0-19-773699-8 1-282-05397-3 9786612053979 0-19-972493-8
Edizione	[1st ed.]
Descrizione fisica	1 online resource (176 p.)
Collana	Oxford scholarship online
Disciplina	616.8/34 616.834
Soggetti	Multiple sclerosis - Patients - Rehabilitation Multiple sclerosis - Exercise therapy Multiple sclerosis - Diet therapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Statement of responsibility from half t.p.
Nota di contenuto	Contents; Foreword; Acknowledgments; Introduction; Part I: A Behavioral Approach to MS; 1 When Maintaining Energy Balance Becomes a Challenge; 2 The Wellness Model vs. the Disease Model; 3 Developing Health Behaviors Using a Psychological Model; Part II: Managing the Math of Calorie Balancing; 4 Keeping Track of the Numbers; 5 Calculating Food Calories Using the LIFE Sliding Scale System; 6 Calculating Physical Activity Calories Using the LIFE Sliding Scale System; Part III: Making Calories Count; 7 The Dangers of Running on Empty; 8 Avoiding Calorie Pitfalls 9 Fueling the Body with Quality CaloriesPart IV: Maximizing Energy Through a Mind-Body Approach; 10 Designing Energy Blocks to Balance Your Day; 11 Thinking about Yoga or Tai Chi?; 12 Maintaining Life Satisfaction; Appendix: Recording Logs
Sommario/riassunto	Due to some of the limitations imposed by MS, patients often become sedentary, gaining excess weight and developing poor eating and exercise habits. This is a user-friendly teaching tool that helps

sufferers to incorporate new behaviors into their daily routines, to live a healthier life and reduce the chances of secondary illnesses.