

1. Record Nr.	UNINA9910963625303321
Autore	Paskevska Anna
Titolo	Ballet beyond tradition / / Anna Paskevska
Pubbl/distr/stampa	New York, : Routledge, 2005
ISBN	1-135-87880-3 1-280-11266-2 0-203-99774-3
Edizione	[1st ed.]
Descrizione fisica	1 online resource (200 p.)
Disciplina	792.8
Soggetti	Ballet dancing Ballet dancers - Training of
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (175-176) and index.
Nota di contenuto	BOOK COVER; TITLE; COPYRIGHT; CONTENTS; ACKNOWLEDGMENTS; FOREWORD; 1 Moving Beyond Tradition; 2 The Concepts; 3 The Practice; GLOSSARY; NOTES; BIBLIOGRAPHY; INDEX
Sommario/riassunto	For nearly a century, the training of ballet and modern dancers has followed two divergent paths. Modern practitioners felt ballet was artificial and injurious to the body; ballet teachers felt that modern dancers lacked the rigorous discipline and control that comes only from years of progressive training. Ballet Beyond Tradition seeks to reconcile these age-old conflicts and bring a new awareness to ballet teachers of the importance of a holistic training regimen that draws on the best that modern dance and movement-studies offers.