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Collana	Essentials of mental health practice series
Altri autori (Persone)	FallonApril SmolarAndrew I
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Nota di contenuto	Essentials of Group Therapy; Dedication; Acknowledgments; CONTENTS; Series Preface; One Introduction to Group Therapy; Two Theoretical Approaches to Group Psychotherapy; Three Building a Group; Four Therapeutic Factors; Five Group Leadership; Six Group Development; Seven Is Group Therapy an Effective Treatment?; Eight Ethical, Legal, and Group Management Issues; Nine The Diversity Among Members in a Therapy Group; Ten Short-Term Group Therapy; Eleven Self-Help and Support Groups; Twelve Training Group Therapists for Current and Future Practice; References; Annotated Bibliography; Index
Sommario/riassunto	The ideal resource for setting up and working with therapy groups Group therapy is an increasingly popular treatment modality for a variety of disorders and client populations. Essentials of Group Therapy provides both professionals and students with a clear overview of the group therapy process, its history and development, and the critical skills required for working effectively with groups. This valuable guide presents several models and techniques for setting up and leading a number of different types of groups, explained with a distinct

practitioner focus. As part of the
