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Titolo	Sleep and society : sociological ventures into the (un)known. / / Simon J. Williams
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ISBN	1-134-25847-X 0-203-00088-9 1-299-45854-8 1-134-25848-8
Edizione	[1st ed.]
Descrizione fisica	1 online resource (209 p.)
Disciplina	306.4
Soggetti	Sleeping customs Sleep - Social aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Changing theories and explanations of sleep: from ancient to modern times -- Sleep through the centuries: historical patterns and practices -- Sleep, embodiment and the lifeworld (liebenswelt) -- The social patterning and social organization of sleep: inequalities, institutions and injustices -- Colonizing/capitalizing on sleep: medicalization and beyond -- Conclusions: remaining questions and the challenges ahead.
Sommario/riassunto	Exploring the sociological aspects of sleep and their links to current health debates, this unique text discusses why sleep has been so neglected in sociological literature and examines significant modern issues such as: the 24-hour society sleep and work homelessness dream analysis the medicalization and commodification of sleep. Written by a key international figure in medical sociology, this is the first sociological examination of sleep, making it important reading for academics and advanced students of medical sociology, health