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Titolo	It's OK to be sad : activities to help children aged 4 to 9 to manage loss, grief or bereavement / / Margaret Collins ; illustrated by Philippa Drakeford
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Collana	Lucky Duck Books
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Nota di contenuto	Cover; Copyright; Title Page; Contents; Introduction; Chapter 1: I Lost My Toy (Dogger); Chapter 2: A Sleepover; Chapter 3: A Lost Pet; Chapter 4: Where's My Purse?; Chapter 5: Missing You; Chapter 6: Moving House; Chapter 7: I Won't Forget You (Leaving Mrs Ellis); Chapter 8: I Don't Know Anyone Here; Chapter 9: Letting Go; Chapter 10: I'll Love You Every Day ([I'll Always Love You; Chapter 11: We Are Missing You; Chapter 12: Come Home Soon; Chapter 13: What's the Matter, Kris?; Chapter 14: Different Kinds of Families; Chapter 15: Claire's Family Chapter 16: Life Has to Go On (Always and Forever)Chapter 17: A

Memory Box; Chapter 18: A New Life; Chapter 19: When Grandpa Died (Grandpa's Slide Show); Chapter 20: A Terrible Accident; Picture storybooks; Resources

Sommario/riassunto

When a child faces a problem with health or disability, feelings of sadness, distress and anxiety can often have long-term effects. This book uses stories about 20 different life events in order to illustrate a wide range of feelings, demonstrating that loss is a common experience for us all.
