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Titolo	Making connections : total body integration through Bartenieff fundamentals / / Peggy Hackney ; illustrated by Mary Konrad Weeks
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Nota di bibliografia	Includes bibliographical references (p. 247-248) and index.
Nota di contenuto	chapter 1 Personal Memories of Irmgard Bartenieff -- chapter 2 What Is Fundamental? -- chapter 3 Why Return to Fundamental Patterns? -- chapter 4 What Is Bartenieff Fundamentals? What Is Its Goal/Core? -- chapter 5 What Are Principles of Bartenieff Fundamentals? -- chapter 6 Breath -- chapter 7 Core-Distal Connectivity -- chapter 8 Head-Tail Connectivity -- chapter 9 Upper-Lower Connectivity -- chapter 10 Body-Half Connectivity -- chapter 11 Cross-Lateral Connectivity -- chapter 12 Integration.
Sommario/riassunto	This book explores how we go about creating the connections within us that allow us to become fully embodied human beings in the world. It provides some very personal memories of Irmgard Bartenieff and the

development of her approach to Fundamentals.
