

1. Record Nr.	UNINA9910962353803321
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Titolo	Critical issues in psychotherapy : translating new ideas into practice / / edited by Brent D. Slife, Richard N. Williams, and Sally H. Barlow
Pubbl/distr/stampa	Thousand Oaks, Calif., : Sage Publications, c2001
ISBN	9781322416328 132241632X 9780761920809 0761920803 9781452262505 1452262500
Edizione	[1st ed.]
Descrizione fisica	1 online resource (xvii, 353 p.)
Altri autori (Persone)	SlifeBrent D WilliamsRichard N. <1950-> BarlowSally H
Disciplina	616.89/14
Soggetti	Psychotherapy Psychiatry
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	Cover; Contents; Acknowledgements; Introduction; Issue 1 - Empirically Supported Treatments; Empirically Supported Treatments: What's a Nonbehaviorist to Do?; Commentary: Empirically Supported Treatments: Some Thoughts on the Nonbehaviorists' Dilemma; Issue 2 - Assessment; Psychological Assessment: From Objectification Back to the Life World; Commentary: Collaborative Psychological Assessment: Becoming Psychological Hermeneuts; Issue 3 - Biologization of Psychotherapy; The Biologization of Psychotherapy: Understanding the Nature of Influence Commentary: The Biologization of Psychotherapy: Understanding the Nature of Influence Issue 4 - Spirituality; The Phenomenon of Spirit in a Secular Psychotherapy; Commentary: The Phenomenon of Spirit in a Secular Psychotherapy; Issue 5 - Culture; Psychotherapy as an Instrument of Culture; Commentary: Psychotherapy as an Instrument of Culture: A Clinician's View; Issue 6 - Managed Care; Managed Care

Programs: What Do Clinicians Need?; Commentary: Managed Care Programs: What Do Clinicians Need?; Issue 7 - Individualism; Individualism and Modern Psychotherapy
Commentary: Individualism and Modern Psychotherapy Issue 8 - The Scientist-Practitioner Model; The Patient-Philosopher Evaluates the Scientist-Practitioner: A Case Study; Commentary: The Clinician Turned Philosopher; Issue 9 - Free Will/Determinism; Psychotherapy as Practical Teleology: Viewing the Person as Agent; Commentary: Human Agency in Psychotherapy: To Choose or Not to Choose ... Is That the Question?; Issue 10 - Eclecticism; Eclecticism in Psychotherapy: Is it Really the Best Substitute for Traditional Theories?; Commentary: New Bottles, Old Wine?; Issue 11 - Postmodernism
The Postmodern Turn: What It Means for Psychotherapy-and What It Doesn't
Commentary: The Dilemma of Realism and Antirealism: A Response to Held's Postmodern Turn; Issue 12 - Multiculturalism; Culture, Identity, and Loyalty: New Pathways for a Culturally Aware Psychotherapy; Commentary: Multiculturalism and Diversity: Response to Dr. Fowers; Issue 13 - Diagnosis; ""Objectivity"" in Diagnosis and Treatment: A Philosophical Analysis; Commentary: ""Objectivity"" in Diagnosis and Treatment: A Philosophical Analysis; Issue 14 - Feminism; Bringing Feminist Issues to Therapy
Commentary: Bringing Feminist Issues to Therapy
Conclusion: The Values of Psychotherapy; Name Index; Subject Index; About the Editors and Contributors

Sommario/riassunto

This volume evaluates the theory and practice of new and existing models in psychotherapy. It includes the topics individualism, spirituality, mainstream theories, empirically validated treatments, multiculturalism and managed care.
