1. Record Nr. UNINA9910962296103321

Titolo	Action & self-development : theory and research through the life span / / Jochen Brandtstadter, Richard M. Lerner, editors
Pubbl/distr/stampa	Thousand Oaks, Calif. ; ; London, : Sage Publications, c1999
ISBN	9781322418209 1322418209 9781452261997 1452261997
Edizione	[1st ed.]
Descrizione fisica	1 online resource (xx, 540 p.) : ill
Altri autori (Persone)	BrandtstadterJochen LernerRichard M
Disciplina	155.25
Soggetti	Action theory Intentionalism Maturation (Psychology)
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	Cover; Contents; Introduction: Development, Action, and Intentionality; Part I - Development as a Personal and Social Construction; Chapter 1 - Revisiting Individuals as Producers of their Development: From Dynamic Interactionism to Developmental Systems; Chapter 2 - The Self in Action and Development: Cultural, Biosocial, and Ontogenetic Bases of Intentional Self-Development; Chapter 3 - Selectivity in Life-Span Development: Biological and Societal Canalizations and Individuals' Developmental Goals; Chapter 4 - Freedom isn't Free: Power, Alienation, and the Consequences of Action Chapter 5 - The Dynamic Codevelopment of Intentionality, Self, and Social RelationsPart II - Designing Personal Development: Goals, Plans, and Future Selves; Chapter 6 - The Pursuit of Personal Goals: A Motivational Approach to Well-being and Life Adjustment; Chapter 7 - Personal Projects and Social Ecology: Themes and Variations across the Life Span; Chapter 8 - Life Planning: Anticipating Future Life Goals and Managing Personal Development; Chapter 9 - The Process of Meaning Construction: Dissecting the Flow of Semiotic Activity

Chapter 10 - A Motivational-Volitional Perspective on Identity DevelopmentChapter 11 - Free Fantasies about the Future and the Emergence of Developmental Goals; Part III - Resilience and Efficacy across the Life Span; Chapter 12 - Psychological Control in Later Life: Implications for Life-Span Development; Chapter 13 - Intentional Self-Development through Adulthood and Later Life: Tenacious Pursuit and Flexible Adjustment of Goals; Chapter 14 - Successful Development and Aging: The Role of Selection, Optimization, and Compensation Chapter 15 - Emotional Learning and Mechanisms of Intentional Psychological ChangeChapter 16 - Action Regulation, Coping, and Development; Author Index; Subject Index; About the Contributors

Sommario/riassunto

This text explores the theoretical breadth of models and ideas relevant to action theory. Areas addresssed include personal goals, projects, life themes, life planning, cultural agency and historical and social contexts impact developmental patterns.