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| Autore | Schermers, Henry G. |
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| 2. Record Nr. | UNINA9910962265403321 |
| Titolo | Dietary magnesium : new research / / Andrew W. Yardley, editor |
| Pubbl/distr/stampa | New York, : Nova Science Publishers, Inc., c2008 |
| ISBN | 1-61668-105-5 |
| Edizione | [1st ed.] |
| Descrizione fisica | 1 online resource (271 p.) |
| Altri autori (Persone) | YardleyAndrew W |
| Disciplina | 669/.723 |
| Soggetti | Magnesium in the body Magnesium - Metabolism Magnesium deficiency diseases |
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| Note generali | Description based upon print version of record. |
| Nota di bibliografia | Includes bibliographical references and index. |
| Nota di contenuto | Short communication magnesium concentration in mononuclear cells of COPD patients in stable phase / N. Ruljancic, S. Popovic-Grle, V. Rumenjak -- Research and review studies magnesium intake, the metabolic syndrome, and chronic disease : a critical review of epidemiologic studies / Yiqing Song -- Chronopathological forms of asthma due to magnesium depletion with hypo-or hyper-function of the biological clock : therapeutic implications / Jean Durlach ... [et al.] -- Low birth weight and magnesium : from the standpoint of "fetal |

origin" hypothesis / Junji Takaya -- Dietary magnesium and metabolic syndrome / Fernando Guerrero-Romero, Martha Rodriguez-Moran -- Relation of vitamin D, calcium, and magnesium to the risk of type 2 diabetes mellitus / Sara Chacko, Simin Liu -- Enhancement of magnesium content in plants by exploiting ionomics and transcriptomics / Christian Hermans, Nathalie Verbruggen -- A role for magnesium in the regulation of ruminal sodium transport / Friederike Stumpff, Holger Martens -- Zinc, copper, manganese, and magnesium in liver cirrhosis / Dario Rahelic, Velimir Bozikov, Milan Kujundzic.

Sommario/riassunto

Magnesium is the fourth most abundant mineral in the body and is essential to good health. Approximately 50 per cent of total body magnesium is found in bone. The other half is found predominantly inside cells of body tissues and organs. Only 1 per cent of magnesium is found in blood, but the body works very hard to keep blood levels of magnesium constant. Magnesium is needed for more than 300 biochemical reactions in the body. It helps maintain normal muscle and nerve function, keeps heart rhythm steady, supports a healthy immune system, and keeps bones strong. Magnesium also helps regulate blood sugar levels, promotes normal blood pressure, and is known to be involved in energy metabolism and protein synthesis. There is an increased interest in the role of magnesium in preventing and managing disorders such as hypertension, cardiovascular disease, and diabetes. Dietary magnesium is absorbed in the small intestines. Magnesium is excreted through the kidney.
