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Exercises; Chapter 17: Guided Exercises

APPENDIX A: SUPERVISION AND SELF-CAREAPPENDIX B: RESOURCES;
REFERENCES; SUBJECT INDEX; Author Index

Sommario/riassunto

Written for readers to be able to learn the application of this innovative approach, the book provides in-depth examples and descriptions of how to adapt Focusing-Oriented Art Therapy to a wide variety of clinical populations including people with severe psychiatric illness, trauma, depression and more as well as applications to private practice.
